Elementary meal $2.80
Preschool meal $2.55
Adult $4.75
Extra milk $0.50

A meal consists of one main entrée, choice of 1/2 cup fruit, two sides of potatoes and 1/2 pint milk.



SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	3 Turkey Ham & Cheese lunch kit YOGURT PARFAIT Corn Dragon Punch Juice	4 Zoo Crew Nuggets SUNBUTTER W/STRING CHEESE Fried rice Stir fried vegetables	5 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	6 Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Peas & carrots Chocolate Pudding
9 Breaded Chicken sandwich YOGURT PARFAIT Corn	10 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	11 Walking taco SUNBUTTER W/STRING CHEESE Saucy refried beans	12 Mandarin orange chicken SUNBUTTER W/STRING CHEESE Savory Brown rice California blend vegetables Rice krispie treat	13 French Toast sticks w/scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots
16 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes	17 Cheesy Chicken over rice YOGURT PARFAIT Dinner roll Key West vegetables Snack mix	18 Hot ham&cheese sandwich SUNBUTTER W/STRING CHEESE Roasted sweet potatoes Snack mix	19 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies	20 Mini Quesadillas SUNBUTTER W/STRING CHEESE Saucy refried beans Tostitos Scoops
23 Pasta & meat sauce YOGURT PARFAIT w/cheesy French bread Green beans	24 Turkey haystack YOGURT PARFAIT Dinner roll Mashed potatoes Sunchips	25 VACATION No lunch served	26 VACATION No lunch served	27 VACATION No lunch served
30 Sloppy Joe Sandwich YOGURT PARFAIT Peas S'mores bar	1 Peppy pizza bake Garlic bread YOGURT PARFAIT Steamed carrots	2 Cheesy bites SUNBUTTER W/STRING CHEESE Bean crisps Baked potato chips	3 Mini maple pancakes Egg & Cheese Omelet SUNBUTTER W/STRING CHEESE Hash browns	4 Cheese Pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch $3.05
High school lunch $3.30
Extra milk $0.50
Adult $4.75

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.



SMSA MIDDLE/HIGH LUNCH MENU

Daily Garden bar offers vegetables and fruits.

Variety of Condiments and Milk offered daily.

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn chicken Pizza Crunchers Dinner roll Cheeseburger Mashed potatoes Gravy	3 Totchos Supreme Frito corn chips Beef Taco Stick Cheeseburger Corn	4 Chicken tenders Fried rice Italian combo sub Cheeseburger Stir fried vegetables	5 Hot dog on a bun BLT wrap Cheeseburger French fries Baked beans	6 Macaroni & cheese w/Garlic breadstick Fish sandwich Cheeseburger Peas & carrots Chocolate Pudding
9 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	10 Chicken nuggets Three cheese calzone Dinner rolls Cheeseburger Mashed potatoes Gravy Marinara sauce	11 Walking taco Chicken Empanada Cheeseburger Saucy refried beans Salsa cup	12 Mandarin Orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice Krispie treat	13 French Toast sticks w/scrambled eggs Egg salad sandwich Cheeseburger Tater tots
16 BBQ pork sandwich BBQ pork Mac Bowl Cheeseburger Roasted sweet potatoes	17 Cheesy Chicken over rice Deli combo sub Dinner roll Cheeseburger Key West vegetables Snack mix	18 Hot ham&cheese sandwich Pepperoni hot sandwich Cheeseburger Roasted sweet potatoes Snack mix	19 Burger Bar Hot dog on a bun Baked beans	20 Chicken quesadilla Bean & Cheese Pupusa Cheeseburger Saucy refried beans Tostitos Scoops Salsa cup
23 Pasta & meat sauce w/cheesy French bread Yogurt parfait Cheeseburger Green beans	24 Turkey haystack Dinner rolls Ranch deli wrap Cheeseburger Mashed potatoes Sunchips	25 VACATION No lunch served	26 VACATION No lunch served	27 VACATION No lunch served
30 Sloppy Joe Sandwich Cuban Sandwich Cheeseburger Peas S'mores bar	1 Peppy pizza bake Garlic bread Yogurt parfait Cheeseburger Steamed carrots	2 Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Bean crisps Baked potato chips	3 Mini maple pancakes Cheese Omelet Yogurt parfait Cheeseburger Hash browns	4 Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes

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