

Elementary meal—\$2.80
 Preschool lunch—\$2.55
 Adult \$4.75
 Extra milk \$0.50

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers variety of vegetables and fruit.
 Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
	25 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	26 BBQ pork sandwich SUNBUTTER W/STRING CHEESE Roasted sweet potatoes	27 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies	28 Mini Quesadillas SUNBUTTER W/STRING CHEESE Saucy refried beans Tostitos Scoops
31 Salisbury steak YOGURT PARFAIT Dinner roll Mashed potatoes Sunchips	1 Pasta & meat sauce YOGURT PARFAIT w/cheesy French bread Green beans	2 Mandarin orange chicken SUNBUTTER W/STRING CHEESE Savory Brown rice California blend vegetables Rice krispie treat	3 Walking taco SUNBUTTER W/STRING CHEESE Saucy refried beans	4 French Toast sticks w/scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots
7 VACATION No lunch served	8 Turkey haystack YOGURT PARFAIT Dinner roll Mashed potatoes Sunchips	9 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers	10 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	11 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks
14 Sloppy Joe Sandwich YOGURT PARFAIT Peas S'mores bar	15 Chicken Alfredo YOGURT PARFAIT Garlic bread Steamed carrots	16 Cheesy bites SUNBUTTER W/STRING CHEESE Bean crisps Baked potato chips	17 Mini maple pancakes Egg & Cheese Omelet SUNBUTTER W/STRING CHEESE Hash browns	18 Cheese Pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes
21 Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	22 Turkey Ham & Cheese lunch kit YOGURT PARFAIT Dragon Punch Juice	23 Egg Roll SUNBUTTER W/STRING CHEESE Fried rice California blend vegetables	24 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	25 Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Peas & carrots Chocolate Pudding
28 Breaded Chicken sandwich YOGURT PARFAIT Corn	29 Cheesy Chicken over rice YOGURT PARFAIT Dinner roll Key West vegetables Snack mix	30 Hot ham&cheese sandwich SUNBUTTER W/STRING CHEESE Roasted sweet potatoes Cheddar cheez-it crackers	1 No School No lunch served	2 No School No lunch served

Middle school lunch \$3.05
 High school lunch \$3.30
 Extra milk \$0.50
 Adult \$4.75



SMSA MIDDLE/HIGH LUNCH MENU

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.

Daily Garden bar offers vegetables and fruits.

Variety of condiments and milk offered daily.

Main Entrée's offered are listed first

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
	Chicken nuggets Three cheese calzone Dinner rolls Cheeseburger Mashed potatoes Gravy Marinara sauce	BBQ pork sandwich BBQ pork Mac Bowl Cheeseburger Roasted sweet potatoes	Burger Bar Hot dog on a bun Baked beans	Chicken quesadilla Bean & Cheese Pupusa Cheeseburger Saucy refried beans Tostitos Scoops Salsa cup
31	1	2	3	4
Salisbury steak Ham & Swiss sandwich Dinner roll Cheeseburger Mashed potatoes Sunchips	Pasta & meat sauce w/cheesy French bread Yogurt parfait Cheeseburger Green beans	Mandarin Orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice Krispie treat	Walking taco Chicken Empanada Cheeseburger Saucy refried beans Salsa cup	French Toast sticks w/scrambled eggs Egg salad sandwich Cheeseburger Tater tots
7	8	9	10	11
VACATION No lunch served	Turkey haystack Dinner rolls Ranch deli wrap Cheeseburger Mashed potatoes Sunchips	Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Cheddar cheez-it crackers	Chicken tenders Turkey Club Sandwich Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat	Bosco Sticks Fish sandwich Cheeseburger Marinara sauce Roasted broccoli Cheetos Snacks
14	15	16	17	18
Sloppy Joe Sandwich Cuban Sandwich Cheeseburger Peas Marinara sauce S'mores bar	Chicken Alfredo Zesty Chicken Pasta Salad Garlic bread Cheeseburger Steamed carrots	Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Bean crisps Baked potato chips	Mini maple pancakes Cheese Omelet Yogurt parfait Cheeseburger Hash browns	Freshmen retreat Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes
21	22	23	24	25
Popcorn chicken Pizza Crunchers Dinner rolls Cheeseburger Mashed potatoes Gravy	Totchos Supreme Dinner rolls Chicka Boom Sandwich Cheeseburger Corn	Egg roll Fried rice Italian combo sub Cheeseburger Stir fried vegetables	Hot dog on a bun BLT wrap Cheeseburger French fries Baked beans	Macaroni & cheese w/Garlic breadstick Fish sandwich Cheeseburger Peas & carrots Chocolate Pudding
28	29	30	1	2
Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	Cheesy Chicken over rice Deli combo sub Dinner roll Cheeseburger Key West vegetables Snack mix	Hot ham&cheese sandwich Pepperoni hot sandwich Cheeseburger Roasted sweet potatoes Cheddar cheez-it crackers	No School No lunch served	No School No lunch served

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider