

Medication Recall

A voluntary recall was released for 15 different brands of cough drops due to product quality. Please visit the [FDA event details page](#) to check the lot numbers of affected products.

Many eye drops are being recalled due to concerns of the drops not being sterile. On March 03, 2026, K.C. Pharmaceuticals issued a voluntary recall for more than 3 million bottles of eye drops. The 8 impacted product batches were sold under various brand names and have expiration dates ranging from April to October. They have been distributed nationwide to retailers like Walgreens, Kroger, and CVS. For a list of recalled products, please visit the [FDA event details page](#).

Health Spotlight

Tick Prevention ABCs:

The warm weather will start to pose a risk of tick exposure, but following the ABCs of tick prevention can help ensure that outdoor activities continue to be safe and fun.

Avoid: To find a host, ticks often hang out on plants (tall weedy grasses along trails and wooded areas with dense vegetation) and wait for a passerby. Staying clear of areas like this can reduce chances of encountering ticks.

Be aware: become familiar with symptoms of tick-borne illnesses to know what you should look for if exposed. Anyone who is bitten by a tick should get the tick properly identified and consult their health care provider about any potential concerns.

Clothing: long sleeves provide a barrier to help prevent ticks from contacting skin. Wearing lighter colored clothing can also make it easier to spot ticks due to their darker color. Tuck pants into socks add an additional layer of protection.

DEET: DEET and other repellents can help keep ticks away when used properly. Some outdoor clothing brands use fabrics with permethrin to provide protection.

Family pets: Veterinarians should be consulted to select an appropriate preventative for tick products. Topical pet repellants are also available for when pets are going into areas of tick exposure. Checking pets with longer fur is very important as ticks may still cling to the fur and fall off in homes, exposing family members.

