

Medication Recall









Many eye drops are being recalled due to concerns of the drops not being sterile. On March 03, 2026, K.C. Pharmaceuticals issued a voluntary recall for more than 3 million bottles of eye drops. The 8 impacted product batches were sold under various brand names and have expiration dates ranging from April to October. They have been distributed nationwide to retailers like Walgreens, Kroger, and CVS. For a list of recalled products, please visit the [FDA event details page](#).

Health Spotlight

Preventing Strep Throat Reoccurrence:

If you have been diagnosed with strep throat, here are some tips to ensure you fight the illness completely and decrease your risk of getting reinfected.

1. Take all medication as prescribed. Finish the entire course of antibiotics even if you begin to feel better. This is very important to ensure that all of the bacteria is killed off which will prevent the bacteria from coming back and creating a resistance to the antibiotic used.
2. Replace toothbrush or electric toothbrush heads 24-48 hours after starting antibiotics. Changing a toothbrush too soon can cause the new toothbrush to become contaminated.

viral or strep?		
SYMPTOMS	VIRAL	STREP
 Symptom onset	Gradual	Abrupt
 Difficulty swallowing	Sometimes	Common
 Red, swollen tonsils and throat	Sometimes	Common
 Cough	Common	Mild, if at all
 Pus in the back of throat	Sometimes	Common
 White spots on the tongue	Sometimes	Common
 Swollen lymph nodes in the neck	Sometimes	Common
 Fever, chills and/or headache	Mild, if at all	Common