

Elementary meal \$2.65
 Preschool meal 2.40
 Extra milk \$0.45
 Adult \$4.50

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily.
 Variety of Condiments and Milk offered daily.

SMSA ELEMENTARY LUNCH MENU

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
2 Teriyaki chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	3 Southwest Chicken Bake YOGURT PARFAIT Garlic bread Corn	4 Walking taco SUNBUTTER W/STRING CHEESE Saucy refried beans	5 Chicken tenders SUNBUTTER W/STRING CHEESE Mashed potatoes Gravy Dinner roll	6 Grilled cheese SUNBUTTER W/STRING CHEESE Tomato soup Potato wedges
9 VACATION No lunch served	10 VACATION No lunch served	11 VACATION No lunch served	12 VACATION No lunch served	13 VACATION No lunch served
16 Salisbury steak YOGURT PARFAIT Dinner roll Mashed potatoes Sunchips	17 Scalloped potatoes & ham YOGURT PARFAIT Dinner roll Peas & carrots S'mores bar	18 Chicken nuggets SUNBUTTER W/STRING CHEESE Savory Brown rice Roasted broccoli Rice krispie treat	19 Chili SUNBUTTER W/STRING CHEESE Frito corn chips Corn	20 Waffles Egg & Cheese Omelet SUNBUTTER W/STRING CHEESE Hash browns
23 Chicken quesadilla YOGURT PARFAIT Saucy refried beans Tostitos Scoops	24 John Marzetti Pasta Bake YOGURT PARFAIT Dinner roll Peas & carrots Grandma's mini cookies	25 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies	26 Ballpark pretzel Dog SUNBUTTER W/STRING CHEESE French fries	27 Cheesy mini bagels SUNBUTTER W/STRING CHEESE Roasted broccoli Cheddar cheez-it crackers
30 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	31 Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	1 Mini maple pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Hash browns	2 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn	3 VACATION No lunch served

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$2.90
 High school lunch \$3.15
 Extra milk \$0.45
 Adult \$4.50



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Teriyaki chicken Chicken Empanada Cheeseburger Savory Brown rice Stir fried vegetables Rice krispie treat</p>	<p>3</p> <p>Southwest Chicken Bake Yogurt parfait Garlic bread Cheeseburger Corn</p>	<p>4</p> <p>Walking taco Turkey Club Sandwich Cheeseburger Saucy refried beans Salsa cup</p>	<p>5</p> <p>Chicken tenders Pizza Crunchers Dinner roll Cheeseburger Mashed potatoes Gravy</p>	<p>6</p> <p>Grilled cheese Fish sandwich Potato wedges Tomato soup</p>
<p>9</p> <p>VACATION No lunch served</p>	<p>10</p> <p>VACATION No lunch served</p>	<p>11</p> <p>VACATION No lunch served</p>	<p>12</p> <p>VACATION No lunch served</p>	<p>13</p> <p>VACATION No lunch served</p>
<p>16</p> <p>Salisbury steak Pepperoni hot sandwich Dinner roll Cheeseburger Mashed potatoes Sunchips</p>	<p>17</p> <p>Scalloped potatoes & ham Yogurt parfait Dinner roll Cheeseburger Peas & carrots S'mores bar</p>	<p>18</p> <p>Chicken nuggets Italian combo sub Cheeseburger Savory Brown rice Roasted broccoli Rice krispie treat</p>	<p>19</p> <p>Chili Chicken wrap All American Cheeseburger Corn Frito corn chips</p>	<p>20</p> <p>Waffles Egg & Cheese Omelet Mozzarella sticks Tuna salad Croissant Hash browns Marinara sauce</p>
<p>23</p> <p>Chicken quesadilla BLT wrap Cheeseburger Saucy refried beans Tostitos Scoops Salsa cup</p>	<p>24</p> <p>John Marzetti Pasta Bake Cheeseburger Yogurt parfait Dinner roll Steamed carrots Grandma's mini cookies</p>	<p>25</p> <p>Burger Bar Buffalo Mac&cheese w/dinner roll Baked beans Sunchips</p>	<p>26</p> <p>Ballpark pretzel Dog Ham & Swiss sandwich Cheeseburger French fries</p>	<p>27</p> <p>No High school lunch Cheesy mini bagels Lasagna rollup Roasted broccoli Cheddar cheez-it crackers</p>
<p>30</p> <p>BBQ pork sandwich Three cheese calzone Cheeseburger Roasted sweet potatoes Marinara sauce</p>	<p>31</p> <p>Popcorn chicken Yogurt parfait Dinner roll Cheeseburger Mashed potatoes Gravy</p>	<p>1</p> <p>Mini maple pancakes w/Breakfast sausage BBQ Ranchero Salad Cheeseburger Hash browns</p>	<p>2</p> <p>Chicken Breast Fillet Deli combo sub Cheeseburger Corn</p>	<p>3</p> <p>VACATION No lunch served</p>

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