

Elementary meal \$2.75
 Preschool meal \$2.50
 Extra milk \$0.50
 Adult \$4.65

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| 2 Chicken tenders YOGURT PARFAIT Savory Brown rice Stir fried vegetables Rice krispie treat | 3 Southwest Chicken Bake YOGURT PARFAIT Garlic bread Corn | 4 Walking taco TURKEY & CHEESE SUB Saucy refried beans | 5 No School No lunch served | 6 No School No lunch served |
| 9 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers | 10 Breaded Chicken sandwich YOGURT PARFAIT Corn | 11 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers | 12 Mandarin orange chicken SUNBUTTER W/STRING CHEESE Savory Brown rice California blend vegetables Rice krispie treat | 13 Chicken quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Tostitos Scoops |
| 16 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll | 17 Peppy pizza bake Garlic bread YOGURT PARFAIT Peas & carrots | 18 French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots | 19 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries | 20 Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Green beans Chocolate Pudding |
| 23 Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy | 24 Mini maple pancakes Egg & Cheese Omelet YOGURT PARFAIT Hash browns | 25 Turkey Ham & Cheese lunch kit SUNBUTTER W/STRING CHEESE Dragon Punch Juice | 26 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies | 27 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks |

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$23.00
 High school lunch \$3.25
 Extra milk \$0.50
 Adult \$4.65

Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.



A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| <div>2</div> Chicken tenders Ham & Swiss sandwich Cheeseburger Stir fried vegetables Savory Brown rice Rice krispie treat | <div>3</div> Southwest Chicken Bake Yogurt parfait Garlic bread Cheeseburger Corn | <div>4</div> Walking taco Turkey Club Sandwich Cheeseburger Saucy refried beans Salsa cup | <div>5</div> No School No lunch served | <div>6</div> No School No lunch served |
| <div>9</div> BBQ pork sandwich Three cheese calzone Cheeseburger Roasted sweet potatoes Marinara sauce | <div>10</div> Breaded Chicken sandwich Spicy chicken sandwich Yogurt parfait Cheeseburger Corn | <div>11</div> Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Cheddar cheez-it crackers | <div>12</div> Mandarin orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice krispie treat | <div>13</div> Chicken quesadilla Fish sandwich Cheeseburger Saucy refried beans Tostitos Scoops Salsa cup |
| <div>16</div> Chicken nuggets Dinner roll Italian combo sub Cheeseburger Mashed potatoes Gravy | <div>17</div> Peppy pizza bake Garlic bread Yogurt parfait Cheeseburger Peas & carrots | <div>18</div> French Toast sticks w/Scrambled eggs Egg salad sandwich Tater tots | <div>19</div> Hot dog on a bun Chicken Empanada Cheeseburger French fries Baked beans Salsa cup Cheddar cheez-it crackers | <div>20</div> Macaroni & cheese w/Garlic breadstick Fish sandwich Green beans Chocolate Pudding |
| <div>23</div> Popcorn chicken Pizza Crunchers Dinner roll Cheeseburger Mashed potatoes Gravy | <div>24</div> Mini maple pancakes Egg & Cheese Omelet Yogurt parfait Cheeseburger Hash browns | <div>25</div> Totchos Supreme Tortilla chips Pepperoni hot sandwich Cheeseburger Corn | <div>26</div> Burger Bar Buffalo Mac&cheese w/dinner roll Baked beans | <div>27</div> Bosco Sticks Fish sandwich Marinara sauce Roasted broccoli Cheetos Snacks |

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