

Elementary meal \$2.75
 Preschool meal \$2.50
 Extra milk \$0.50
 Adult \$4.65

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.

February

SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken tenders YOGURT PARFAIT Savory Brown rice Stir fried vegetables Rice krispie treat	3 Southwest Chicken Bake YOGURT PARFAIT Garlic bread Corn	4 Walking taco TURKEY & CHEESE SUB Saucy refried beans	5 No School No lunch served	6 No School No lunch served
9 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	10 Breaded Chicken sandwich YOGURT PARFAIT Corn	11 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers	12 Mandarin orange chicken SUNBUTTER W/STRING CHEESE Savory Brown rice California blend vegetables Rice krispie treat	13 Chicken quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Tostitos Scoops
16 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	17 Peppy pizza bake Garlic bread YOGURT PARFAIT Peas & carrots	18 French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots	19 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	20 Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Green beans Chocolate Pudding
23 Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	24 Mini maple pancakes Egg & Cheese Omelet YOGURT PARFAIT Hash browns	25 Turkey Ham & Cheese lunch kit SUNBUTTER W/STRING CHEESE Dragon Punch Juice	26 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies	27 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$23.00

High school lunch \$3.25

Extra milk \$0.50

Adult \$4.65

Daily Garden bar offers vegetables and fruits.

Variety of Condiments and Milk offered daily.

February

A meal consists of one main entrée,
choice of fruit, vegetables and 1/2
pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday

Tuesday

Wednesday

Thursday

Friday

2

Chicken tenders
Ham & Swiss sandwich
Cheeseburger
Stir fried vegetables
Savory Brown rice
Rice krispie treat

3

Southwest Chicken Bake
Yogurt parfait
Garlic bread
Cheeseburger
Corn

4

Walking taco
Turkey Club Sandwich
Cheeseburger
Saucy refried beans
Salsa cup

5

No School
No lunch served

6

No School
No lunch served

9

BBQ pork sandwich
Three cheese calzone
Cheeseburger
Roasted sweet potatoes
Marinara sauce

10

Breaded Chicken sandwich
Spicy chicken sandwich
Yogurt parfait
Cheeseburger
Corn

11

Mini corn dogs
BBQ chicken flatbread
Cheeseburger
Baked beans
Cheddar cheez-it crackers

12

Mandarin orange chicken
Egg roll
Cheeseburger
Savory Brown rice
California blend vegetables
Rice krispie treat

13

Chicken quesadilla
Fish sandwich
Cheeseburger
Saucy refried beans
Tostitos Scoops
Salsa cup

16

Chicken nuggets
Dinner roll
Italian combo sub
Cheeseburger
Mashed potatoes
Gravy

17

Peppy pizza bake
Garlic bread
Yogurt parfait
Cheeseburger
Peas & carrots

18

French Toast sticks
w/Scrambled eggs
Egg salad sandwich
Tater tots

19

Hot dog on a bun
Chicken Empanada
Cheeseburger
French fries
Baked beans
Salsa cup
Cheddar cheez-it crackers

20

Macaroni & cheese
w/Garlic breadstick
Fish sandwich
Green beans
Chocolate Pudding

23

Popcorn chicken
Pizza Crunchers
Dinner roll
Cheeseburger
Mashed potatoes
Gravy

24

Mini maple pancakes
Egg & Cheese Omelet
Yogurt parfait
Cheeseburger
Hash browns

25

Totchos Supreme
Tortilla chips
Pepperoni hot sandwich
Cheeseburger
Corn

26

Burger Bar
Buffalo Mac&cheese
w/dinner roll
Baked beans

27

Bosco Sticks
Fish sandwich
Marinara sauce
Roasted broccoli
Cheetos Snacks

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