St. Mary's Springs Academy

Elementary meal \$2.75 PreSchool meal \$2.50 Extra milk \$0.50 Adult \$4.65

A meal consists of one main entrée, choice of 1/2 cup fruit, two sides of potatoes and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
			VACATION No lunch served	VACATION No lunch served
Bosco Sticks YOGURT PARFAIT Roasted broccoli Cheetos Snacks	Peppy pizza bake Garlic bread YOGURT PARFAIT Peas & carrots	Walking taco TURKEY & CHEESE SUB Saucy refried beans	Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	Cheesy bites SUNBUTTER W/STRING CHEESI Steamed carrots Baked potato chips
Breaded Chicken sandwich YOGURT PARFAIT Corn	BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers	Mandarin orange chicken SUNBUTTER W/STRING CHEESE Savory Brown rice California blend vegetables Rice krispie treat	Chicken quesadilla SUNBUTTER W/STRING CHEES Saucy refried beans Tostitos Scoops
Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	Scalloped potatoes & ham YOGURT PARFAIT Dinner roll Peas & carrots Grandma's mini cookies	French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots	Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEES Green beans Chocolate Pudding
Popcorn chicken YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	Mini maple pancakes w/Breakfast sausage YOGURT PARFAIT Hash browns	Pasta & meatballs SUNBUTTER W/STRING CHEESE Garlic bread Green beans	Hot ham&cheese sandwich SUNBUTTER W/STRING CHEESE Roasted sweet potatoes Snack mix	Deep dish cheese pizza SUNBUTTER W/STRING CHEES Smiley Potatoes

Menu subject to change without notice St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$3.00 High school lunch \$3.25 Extra milk \$0.50 Adult \$4.65



Daily Garden bar offers vegetables and fruits. Variety of Condiments and Milk offered daily.

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
			VACATION No lunch served	VACATION No lunch served
Bosco Sticks Cheeseburger Marinara sauce Roasted broccoli Cheetos Snacks	Peppy pizza bake Garlic bread Yogurt parfait Cheeseburger Peas & carrots	Walking taco Cheeseburger Saucy refried beans Salsa cup	Chicken tenders Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat	Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Steamed carrots Baked potato chips
Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	BBQ pork sandwich Yogurt parfait Cheeseburger Roasted sweet potatoes	Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Cheddar cheez-it crackers	Mandarin Orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice Krispie treat	Chicken quesadilla Fish sandwich Cheeseburger Saucy refried beans Tostitos Scoops Salsa cup
Chicken nuggets Dinner rolls Cheeseburger Mashed potatoes Gravy	Scalloped potatoes & ham Yogurt parfait Cheeseburger Dinner roll Peas & carrots Grandma's mini cookies	French Toast sticks w/scrambled eggs Cheeseburger Tater tots	Hot dog on a bun Chicken Empanada Cheeseburger French fries Baked beans Salsa cup Cheddar cheez-it crackers	Macaroni & cheese w/Garlic breadstick Fish sandwich Cheeseburger Green beans Chocolate Pudding
Popcorn chicken Pizza Crunchers Dinner rolls Cheeseburger Mashed potatoes Gravy	Mini maple pancakes w/Breakfast sausage Yogurt parfait Cheeseburger Hash browns	Pasta & meatballs Garlic bread Cheesy Pizza Pocket Cheeseburger Green beans Marinara sauce	Hot ham&cheese sandwich Egg salad sandwich Cheeseburger Roasted sweet potatoes Snack mix	Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes

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