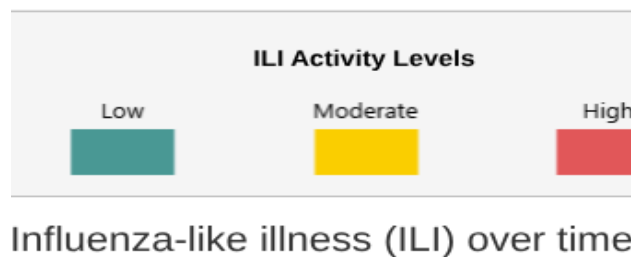
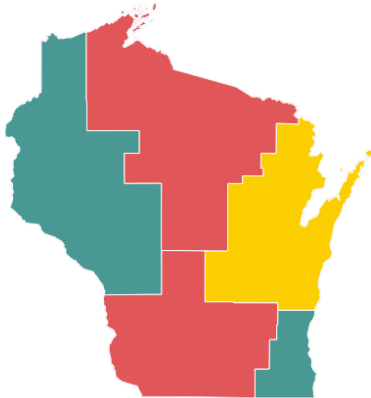


# ❄️ Winter Safety & Wellness Newsletter ❄️

## The Current Trend in Wisconsin

It seems as though the worst of the influenza-like illnesses have passed for the year, however, the Wisconsin Department of Health Services' (DHS) provides a summary of data reported on outpatient and urgent care health care visits for illnesses defined as influenza-like illnesses (ILI). Influenza-like illnesses (ILI) is defined as fever (temperature of 100°F or higher) and a cough and/or a sore throat.



## Measles In Wisconsin

Wisconsin has seen its first official case of measles in 2026. DHS has confirmed a positive case of measles in Waukesha County related to international travel. At this time, no public exposure locations have been identified. Symptoms of measles start showing 10 to 21 days after getting infected. The first symptoms of measles may include:

Runny nose, High fever (may be greater than 104 F), Tiredness, Cough, Red, watery eyes, or conjunctivitis ("pink eye")

A red rash with raised bumps that starts at the hairline and moves to the arms and legs three to five days after symptoms begin