

Elementary meal \$2.75
 Preschool meal \$2.50
 Adult \$4.65
 Extra milk \$0.50

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 potatoes and 1/2 pint milk.



SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.
 Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mandarin orange chicken YOGURT PARFAIT Savory Brown rice California blend vegetables Rice krispie treat	4 Peppy pizza bake Garlic bread YOGURT PARFAIT Peas & carrots	5 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn	6 Popcorn chicken SUNBUTTER W/STRING CHEESE Dinner roll Mashed potatoes Gravy	7 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks
10 Walking taco YOGURT PARFAIT Saucy refried beans	11 Chicken Alfredo YOGURT PARFAIT Garlic bread California blend vegetables Fruit slushie	12 Cheesy bites SUNBUTTER W/STRING CHEESE Steamed carrots Baked potato chips	13 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	14 Hot ham&cheese sandwich SUNBUTTER W/STRING CHEESE Roasted sweet potatoes Snack mix
17 Sloppy Joe Sandwich YOGURT PARFAIT Peas S'mores bar	18 Mini maple pancakes w/Breakfast sausage YOGURT PARFAIT Hash browns	19 Pasta & meat sauce SUNBUTTER W/STRING CHEESE w/cheesy French bread Green beans	20 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers	21 Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes
24 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	25 Turkey haystack YOGURT PARFAIT Dinner roll Sunchips Mashed potatoes	26 VACATION No lunch served	27 VACATION No lunch served	28 VACATION No lunch served

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$3.00
 High school lunch \$3.25
 Extra milk \$0.50
 Adult \$4.65



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA MIDDLE/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mandarin Orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice Krispie treat	4 Peppy pizza bake Garlic bread Yogurt parfait Cheeseburger Peas & carrots	5 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	6 Popcorn chicken Pizza Crunchers Dinner rolls Cheeseburger Mashed potatoes Gravy	7 Bosco Sticks Fish sandwich Cheeseburger Marinara sauce Roasted broccoli Cheetos Snacks
10 Walking taco Pepperoni hot sandwich Cheeseburger Saucy refried beans	11 Chicken Alfredo Yogurt parfait Garlic bread Cheeseburger California blend vegetables Fruit slushie	12 Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Steamed carrots Baked potato chips	13 Chicken tenders Turkey Club Sandwich Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat	14 Hot ham&cheese sandwich Egg salad sandwich Cheeseburger Roasted sweet potatoes Snack mix
17 Sloppy Joe Sandwich Chicken Empanada Cheeseburger Peas Salsa cup S'mores bar	18 Mini maple pancakes w/Breakfast sausage Yogurt parfait Cheeseburger Hash browns	19 Pasta & meat sauce w/cheesy French bread Ham & Swiss sandwich Cheeseburger Green beans	20 Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Cheddar cheez-it crackers	21 Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes
24 Senior Retreat BBQ pork sandwich Egg roll Cheeseburger Roasted sweet potatoes	25 Senior Retreat Turkey haystack Dinner rolls Yogurt parfait Cheeseburger Mashed potatoes Sunchips	26 VACATION No lunch served	27 VACATION No lunch served	28 VACATION No lunch served

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider