

Elementary meal \$2.75  
 Preschool meal \$2.50  
 Adult \$4.65  
 Extra milk \$0.50

A meal consists of one main entrée,  
 choice of 1/2 cup fruit, two sides of  
 potatoes and 1/2 pint milk.



## SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

| Monday                                                                            | Tuesday                                                                                                    | Wednesday                                                                                     | Thursday                                                                                                                             | Friday                                                                                                 |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| 1<br>Cheesy bites<br>YOGURT PARFAIT<br>Steamed carrots<br>Baked potato chips      | 2<br>Southwest Chicken Bake<br>YOGURT PARFAIT<br>Garlic bread<br>Corn                                      | 3<br>Walking taco<br>SUNBUTTER W/STRING CHEESE<br>Saucy refried beans                         | 4<br>Chicken tenders<br>SUNBUTTER W/STRING CHEESE<br>Savory Brown rice<br>Stir fried vegetables<br>Rice krispie treat                | 5<br>Bosco Sticks<br>SUNBUTTER W/STRING CHEESE<br>Roasted broccoli<br>Cheetos Snacks                   |
| 8<br>Chicken nuggets<br>YOGURT PARFAIT<br>Mashed potatoes<br>Gravy<br>Dinner roll | 9<br>Scalloped potatoes & ham<br>YOGURT PARFAIT<br>Dinner roll<br>Peas & carrots<br>Grandma's mini cookies | 10<br>French Toast sticks<br>w/Scrambled eggs<br>SUNBUTTER W/STRING CHEESE<br>Tater tots      | 11<br>Hot dog on a bun<br>SUNBUTTER W/STRING CHEESE<br>Baked beans<br>French fries                                                   | 12<br>Macaroni & cheese<br>Breadstick<br>SUNBUTTER W/STRING CHEESE<br>Green beans<br>Chocolate Pudding |
| 15<br>Breaded Chicken sandwich<br>YOGURT PARFAIT<br>Corn                          | 16<br>BBQ pork sandwich<br>YOGURT PARFAIT<br>Roasted sweet potatoes<br>Goldfish crackers                   | 17<br>Mini corn dogs<br>SUNBUTTER W/STRING CHEESE<br>Baked beans<br>Cheddar cheez-it crackers | 18<br>Mandarin orange chicken<br>SUNBUTTER W/STRING CHEESE<br>Savory Brown rice<br>California blend vegetables<br>Rice krispie treat | 19<br>Chicken quesadilla<br>SUNBUTTER W/STRING CHEESE<br>Saucy refried beans<br>Tostitos Scoops        |
| 22<br>Sloppy Joe Sandwich<br>YOGURT PARFAIT<br>Peas<br>S'mores bar                | 23<br>Cheeseburger<br>YOGURT PARFAIT<br>Emoji Potatoes<br>Holiday sugar cookie                             | 24<br>VACATION<br>No lunch served                                                             | 25<br>VACATION<br>No lunch served                                                                                                    | 26<br>VACATION<br>No lunch served                                                                      |
| 29<br>VACATION<br>No lunch served                                                 | 30<br>VACATION<br>No lunch served                                                                          | 31<br>VACATION<br>No lunch served                                                             | 1<br>VACATION<br>No lunch served                                                                                                     | 2<br>VACATION<br>No lunch served                                                                       |

Middle school lunch \$3.00  
 High school lunch \$3.25  
 Extra milk \$0.50  
 Adult \$4.65



## SMsa 6th-8th/HIGH LUNCH MENU

Daily Garden bar offers vegetables and fruits.  
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,  
 choice of fruit, vegetables and 1/2  
 pint milk.

MAIN ENTRÉES OFFERED ARE LISTED FIRST

| Monday                                                                                                                    | Tuesday                                                                                                                           | Wednesday                                                                                                        | Thursday                                                                                                                                   | Friday                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>Cheesy bites<br>Mozzarella dippers<br>Cheeseburger<br>Marinara sauce<br>Steamed carrots<br>Baked potato chips | <b>2</b><br>Southwest Chicken Bake<br>Yogurt parfait<br>w/garlic bread<br>Cheeseburger<br>Corn                                    | <b>3</b><br>Walking taco<br>Turkey Club Sandwich<br>Cheeseburger<br>Saucy refried beans<br>Salsa cup             | <b>4</b><br>Chicken tenders<br>Ham & Swiss sandwich<br>Cheeseburger<br>Stir fried vegetables<br>Savory Brown rice<br>Rice Krispie treat    | <b>5</b><br>Bosco Sticks<br>Fish sandwich<br>Cheeseburger<br>Marinara sauce<br>Roasted broccoli<br>Cheetos Snacks          |
| <b>8</b><br>Chicken nuggets<br>Italian combo sub<br>Dinner rolls<br>Cheeseburger<br>Mashed potatoes<br>Gravy              | <b>9</b><br>Scalloped potatoes & ham<br>Yogurt parfait<br>Cheeseburger<br>Dinner roll<br>Peas & carrots<br>Grandma's mini cookies | <b>10</b><br>French Toast sticks<br>w/scrambled eggs<br>Turkey Pretzel sandwich<br>Cheeseburger<br>Tater tots    | <b>11</b><br>Hot dog on a bun<br>Chicken Empanada<br>Cheeseburger<br>French fries<br>Baked beans<br>Salsa cup<br>Cheddar cheez-it crackers | <b>12</b><br>Macaroni & cheese<br>w/Garlic breadstick<br>Fish sandwich<br>Cheeseburger<br>Green beans<br>Chocolate Pudding |
| <b>15</b><br>Breaded Chicken sandwich<br>Spicy chicken sandwich<br>Cheeseburger<br>Corn                                   | <b>16</b><br>BBQ pork sandwich<br>Yogurt parfait<br>Cheeseburger<br>Roasted sweet potatoes                                        | <b>17</b><br>Mini corn dogs<br>BBQ chicken flatbread<br>Cheeseburger<br>Baked beans<br>Cheddar cheez-it crackers | <b>18</b><br>Mandarin Orange chicken<br>Egg roll<br>Cheeseburger<br>Savory Brown rice<br>California blend vegetables<br>Rice Krispie treat | <b>19</b><br>Chicken quesadilla<br>Fish sandwich<br>Cheeseburger<br>Saucy refried beans<br>Tostitos Scoops<br>Salsa cup    |
| <b>22</b><br>Sloppy Joe Sandwich<br>Deli combo sub<br>Cheeseburger<br>Peas<br>S'mores bar                                 | <b>23</b><br>Chicken Breast Fillet<br>Yogurt parfait<br>Cheeseburger<br>Emoji Potatoes<br>Holiday sugar cookie                    | <b>24</b><br>VACATION<br>No lunch served                                                                         | <b>25</b><br>VACATION<br>No lunch served                                                                                                   | <b>26</b><br>VACATION<br>No lunch served                                                                                   |
| <b>29</b><br>VACATION<br>No lunch served                                                                                  | <b>30</b><br>VACATION<br>No lunch served                                                                                          | <b>31</b><br>VACATION<br>No lunch served                                                                         | <b>1</b><br>VACATION<br>No lunch served                                                                                                    | <b>2</b><br>VACATION<br>No lunch served                                                                                    |

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider