

Elementary meal \$2.75  
 Preschool meal \$2.50  
 Adult \$4.65  
 Extra milk \$0.50

A meal consists of one main entrée,  
 choice of 1/2 cup fruit, two sides of  
 vegetables and 1/2 pint milk.



## SMSA ELEMENTARY LUNCH MENU

Garden bar offers selections of vegetables and fruit daily.  
 Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
29 Mandarin orange chicken YOGURT PARFAIT Savory Brown rice California blend vegetables Rice krispie treat	30 Peppy pizza bake Garlic bread YOGURT PARFAIT Peas & carrots	1 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn	2 No School No lunch served	3 No School No lunch served
6 Walking taco YOGURT PARFAIT Saucy refried beans	7 Chicken Alfredo YOGURT PARFAIT Garlic bread California blend vegetables Fruit slushie	8 Cheesy bites SUNBUTTER W/STRING CHEESE Steamed carrots Baked potato chips	9 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	10 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks
13 Sloppy Joe Sandwich YOGURT PARFAIT Peas S'mores bar	14 Mini maple pancakes w/Breakfast sausage YOGURT PARFAIT Hash browns	15 Pasta & meat sauce SUNBUTTER W/STRING CHEESE w/cheesy French bread Green beans	16 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers	17 Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes
20 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	21 Turkey&cheese sub YOGURT PARFAIT Dragon Punch Juice Grandma's mini cookies	22 French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots	23 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	24 Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Peas & carrots Chocolate Pudding
27 No School No lunch served	28 Turkey haystack YOGURT PARFAIT Dinner roll Sunchips Mashed potatoes	29 Pasta & meatballs SUNBUTTER W/STRING CHEESE Garlic bread Green beans	30 Chicken quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Tostitos Scoops	31 Pretzel Dog SUNBUTTER W/STRING CHEESE Baked beans French fries

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$3.00  
 High school lunch \$3.25  
 Extra milk \$0.50  
 Adult \$4.65



Daily Garden bar offers vegetables and fruits.  
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.

## SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
29 Mandarin Orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice Krispie treat	30 Peppy pizza bake Garlic bread Yogurt parfait Cheeseburger Peas & carrots	1 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	2 No School No lunch served	3 No School No lunch served
6 Walking taco Turkey Club Sandwich Cheeseburger Saucy refried beans Salsa cup	7 Chicken Alfredo Yogurt parfait Garlic bread Cheeseburger California blend vegetables Fruit slushie	8 Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Steamed carrots Baked potato chips	9 Chicken tenders Ham & Swiss sandwich Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat	10 Bosco Sticks Fish sandwich Cheeseburger Marinara sauce Roasted broccoli Cheetos Snacks
13 Sloppy Joe Sandwich Deli combo sub Cheeseburger Peas Salsa cup S'mores bar	14 Mini maple pancakes w/Breakfast sausage Yogurt parfait Cheeseburger Hash browns	15 Pasta & meat sauce w/cheesy French bread Pepperoni hot sandwich Cheeseburger Green beans	16 Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Cheddar cheez-it crackers	17 Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes
20 Chicken nuggets Italian combo sub Dinner rolls Cheeseburger Mashed potatoes Gravy	21 Totchos Supreme Tortilla chips Yogurt parfait Cheeseburger Corn	22 French Toast sticks w/scrambled eggs Chicken fillet sandwich Cheeseburger Tater tots	23 Hot dog on a bun Chicken Empanada Cheeseburger French fries Baked beans Salsa cup Cheddar cheez-it crackers	24 Macaroni & cheese w/Garlic breadstick Fish sandwich Cheeseburger Peas & carrots Chocolate Pudding
27 No School No lunch served	28 Turkey haystack Dinner rolls Yogurt parfait Cheeseburger Mashed potatoes Sunchips	29 Pasta & meatballs Garlic bread Cheesy Pizza Pocket Cheeseburger Green beans Marinara sauce	30 Chicken quesadilla Philly steak sandwich Cheeseburger Black bean salsa Tostitos Scoops Salsa cup	31 Pretzel Dog Fish sandwich Cheeseburger French fries Baked beans

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