

Elementary meal—\$2.65
 Preschool meal—\$2.40
 Extra milk \$0.45
 Adult \$4.50

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily.
 Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn	2 1st, 5th gr trips Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes
5 Mandarin orange chicken YOGURT PARFAIT Savory Brown rice California blend vegetables Rice krispie treat	6 Turkey&cheese sub YOGURT PARFAIT Dragon punch Grandma's mini cookies	7 French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots	8 Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Gravy Dinner roll	9 3rd, 4th gr trips Grilled cheese SUNBUTTER W/STRING CHEESE Potato wedges
12 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	13 Peppy pizza bake Garlic bread YOGURT PARFAIT Green beans	14 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	15 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	16 Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks
19 Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Grandma's mini cookies	20 Teriyaki chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	21 Kdg gr trip Pasta & meatballs SUNBUTTER W/STRING CHEESE Garlic bread Green beans	22 Cheese quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Cheddar cheez-it crackers	23 2nd gr trip Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn
26 VACATION No lunch served	27 Popcorn chicken SUNBUTTER W/STRING CHEESE Rice krispie treat Savory Brown rice California blend vegetables	28 Breakfast variety SUNBUTTER W/STRING CHEESE Hash browns	29 cook's choice variety pizza, boscoss, bites SUNBUTTER W/STRING CHEESE Cook's choice variety fries	30 Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans

Middle school lunch-\$2.90
 High school lunch-\$3.15
 Extra milk \$0.45
 Adult \$4.50



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
HS noon rotary 28 Turkey haystack Dinner roll Pepperoni hot sandwich Cheeseburger Mashed potatoes Sunchips	29 Chicken Alfredo Yogurt parfait Garlic bread Cheeseburger California blend vegetables Fruit slushie	30 Junior Retreat Popcorn chicken Yogurt parfait Cheeseburger Stir fried vegetables Savory Brown rice Rice krispie treat	1 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	2 Big Daddy's Cheese pizza Big Daddy's Pepperoni Cheeseburger Fish sandwich Smiley Potatoes
5 Mandarin orange chicken Egg roll Cheeseburger Savory Brown rice California blend vegetables Rice krispie treat	7th gr trip 6 Lasagna rollup w/Garlic bread Yogurt parfait Cheeseburger Steamed carrots	7 French Toast sticks w/Scrambled eggs Buffalo Chicken Croissant Cheeseburger Tater tots	8 Chicken nuggets Dinner roll Ham & Swiss sandwich Cheeseburger Mashed potatoes Gravy	9 Grilled cheese Fish sandwich Potato wedges
12 BBQ pork sandwich Cook's choice Cheeseburger Roasted sweet potatoes	13 Peppy pizza bake w/Garlic bread Cook's choice Cheeseburger Green beans	14 Chicken tenders Cook's choice Cheeseburger Stir fried vegetables Savory Brown rice Rice krispie treat	15 Hot dog on a bun Cook's choice Cheeseburger French fries Baked beans Cheddar cheez-it crackers	16 Bosco Sticks Cook's choice Marinara sauce Roasted broccoli Cheetos Snacks
19 Mini corn dogs Cook's choice Cheeseburger Baked beans Grandma's mini cookies	20 Teriyaki chicken Cook's choice Cheeseburger Savory Brown rice Stir fried vegetables Rice krispie treat	8th gr trip 21 Pasta & meatballs Garlic bread Cook's choice Cheeseburger Green beans	22 Chicken quesadilla Cook's choice Cheeseburger Saucy refried beans Cheddar cheez-it crackers Salsa cup	6th gr trip 23 Chicken Breast Fillet Cook's choice Cheeseburger Corn
26 VACATION No lunch served	27 Popcorn chicken Cook's choice Cheeseburger California blend vegetables Savory Brown rice Rice Krispie treat	8th gr graduation 28 Breakfast variety Cook's choice Cheeseburger Hash browns	8th gr gone 29 cook's choice variety pizza, boscos, bites Cook's choice Cheeseburger Cook's choice variety fries	8th, seniors gone 30 Cheeseburger Cook's choice Baked beans

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider