



**ST. MARY'S SPRINGS ACADEMY**

**Seizure Management and Emergency Standard Protocol**

**Basic Seizure First Aid:**

- Stay calm and track time
- Keep person safe
- Do not restrain
- Do not put anything in mouth
- Stay with person until fully conscious

*For Tonic-Clonic Seizure:*

- Protect head
- Keep airway open/watch breathing
- Turn person on side

**Post Seizure Care:**

- Comfort and reassure person
- Allow person to rest with supervision (may be very tired or sleepy)
- Communicate all seizures to the parent/guardian, if person is a student
- Thoroughly document the incident on an incident report form
- **Notify the Director of Pupil Services the same day as the incident**

**A seizure is generally considered an emergency when:**

- It is repeated seizures without regaining consciousness
- It is a convulsive (tonic-clonic) seizures
- It lasts longer than 5 minutes
- Person is injured or has diabetes
- Person has a first-time seizure
- Person has breathing difficulties
- It occurs in the water

**Emergency Response:**

- Call 911
- Administer emergency medications (if student has it indicated in their Individualized Health Plan)