

Elementary meal \$2.65  
 Preschool meal \$2.40  
 Extra milk \$0.45  
 Adult \$4.50

A meal consists of one main entrée,  
 choice of 1/2 cup fruit, two sides of  
 potatoes and 1/2 pint milk.



## SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers vegetables and fruit daily.  
 Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
31 Breaded Chicken sandwich YOGURT PARFAIT Corn	1 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers	2 Pasta & meat sauce SUNBUTTER W/STRING CHEESE w/cheesy French bread Green beans	3 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	4 Grilled cheese SUNBUTTER W/STRING CHEESE Tomato soup Potato wedges
7 Sloppy Joe Sandwich YOGURT PARFAIT Corn Baked potato chips	8 Peppy pizza bake Garlic bread YOGURT PARFAIT Green beans	9 French Toast sticks w/Scrambled eggs SUNBUTTER W/STRING CHEESE Tater tots	10 Pretzel Dog SUNBUTTER W/STRING CHEESE Baked beans French fries	11 4th gr field trip Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks
14 Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	15 Scalloped potatoes & ham YOGURT PARFAIT Dinner roll Peas & carrots Grandma's mini cookies	16 Pasta & meatballs SUNBUTTER W/STRING CHEESE Garlic bread Green beans	17 Chicken quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Cheddar cheez-it crackers	18 VACATION No lunch served
21 VACATION No lunch served	22 Walking taco YOGURT PARFAIT Saucy refried beans	23 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	24 Mini maple pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Tater tots	25 Ham & cheese slider w/Cubed Colby Jack cheese SUNBUTTER W/STRING CHEESE Dragon Punch Juice Grandma's mini cookies
28 Turkey steak YOGURT PARFAIT Dinner roll Mashed potatoes Gravy Sunchips	29 Chicken Alfredo YOGURT PARFAIT Garlic bread California blend vegetables Fruit slushie	30 Popcorn chicken SUNBUTTER W/STRING CHEESE Rice krispie treat Savory Brown rice Stir fried vegetables	1 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Corn	2 1st, 5th gr field trips Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes



Middle school lunch \$2.90  
 High school lunch \$3.15  
 Extra milk \$0.45  
 Adult \$4.50



Daily Garden bar offers vegetables and fruits.  
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,  
 choice of fruit, vegetables and 1/2  
 pint milk.

## SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
31 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	1 BBQ pork sandwich Yogurt parfait Cheeseburger Roasted sweet potatoes	2 Pasta & meat sauce w/cheesy French bread Turkey Club Sandwich Cheeseburger Green beans	3 Hot dog on a bun BLT wrap Cheeseburger French fries Baked beans Cheddar cheez-it crackers	4 No High school lunch Grilled cheese Fish sandwich Potato wedges Tomato soup
7 Sloppy Joe Sandwich Chicken Empanada Cheeseburger Corn Salsa cup Baked potato chips	8 Peppy pizza bake w/Garlic bread Yogurt parfait Cheeseburger Green beans	9 French Toast sticks w/Scrambled eggs Buffalo Chicken Croissant Cheeseburger Tater tots	10 Pretzel Dog Philly steak sandwich Cheeseburger French fries Baked beans	11 Bosco Sticks Fish sandwich Marinara sauce Roasted broccoli Cheetos Snacks
14 Chicken nuggets Dinner roll Ham & Swiss sandwich Cheeseburger Mashed potatoes Gravy	15 Scalloped potatoes & ham Dinner roll Yogurt parfait Cheeseburger Peas & carrots Grandma's mini cookies	16 Pasta & meatballs Garlic bread Turkey Pretzel sandwich Cheeseburger Green beans	17 Chicken quesadilla Turkey Club Sandwich Cheeseburger Saucy refried beans Cheddar cheez-it crackers Salsa cup	18 VACATION No lunch served
21 VACATION No lunch served	22 Walking taco Yogurt parfait Cheeseburger Saucy refried beans Salsa cup	23 Chicken tenders Turkey Club Sandwich Cheeseburger Stir fried vegetables Savory Brown rice Rice krispie treat	24 Mini maple pancakes w/Breakfast sausage Cheesy mini bagels Cheeseburger Tater tots	25 Macaroni & cheese Cheeseburger Fish sandwich Steamed carrots Cheetos Snacks
28 Turkey haystack Dinner roll Pepperoni hot sandwich Cheeseburger Mashed potatoes Sunchips	29 Chicken Alfredo Yogurt parfait Garlic bread Cheeseburger California blend vegetables Fruit slushie	30 Junior Retreat Popcorn chicken Yogurt parfait Cheeseburger Stir fried vegetables Savory Brown rice Rice krispie treat	1 Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	2 Big Daddy's Cheese pizza Big Daddy's Pepperoni Cheeseburger Fish sandwich Smiley Potatoes

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider