



ST. MARY'S SPRINGS ACADEMY

Asthma Management & Emergency Standard Protocol

Triggers of asthma may include:

- Illness
- Exercise
- Allergies
- Cold Air
- Other

Asthma symptoms may include:

- Coughing
- Shortness of breath
- Nervous/Anxiety
- Weakness
- Itchy throat
- Chest tightness
- Other

If person doesn't improve within 10-15 minutes after using an inhaler/nebulizer, options could include:

- Contact parent/guardian, if the patient is a student
- Repeat treatment
- Call 911
- Other

Follow-up:

- Thoroughly document the incident on an incident report form
- Notify the Director of Pupil Services the same day of the incident