

Elementary meal \$2.65
 Preschool meal 2.40
 Extra milk \$0.45
 Adult \$4.50

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily.
 Variety of Condiments and Milk offered daily.

SMSA ELEMENTARY LUNCH MENU

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Sloppy Joe Sandwich YOGURT PARFAIT Peas Baked potato chips</p>	<p>4</p> <p>Popcorn chicken YOGURT PARFAIT Rice krispie treat Savory Brown rice Stir fried vegetables</p>	<p>5</p> <p>Macaroni & cheese Breadstick SUNBUTTER W/STRING CHEESE Steamed carrots Grandma's mini cookies</p>	<p>6</p> <p>Turkey haystack SUNBUTTER W/STRING CHEESE Dinner roll Sunchips Mashed potatoes</p>	<p>7</p> <p>Waffles Egg & Cheese Omelet SUNBUTTER W/STRING CHEESE Hash browns</p>
<p>10</p> <p>Hot ham&cheese sandwich YOGURT PARFAIT Corn Snack mix Chocolate Pudding</p>	<p>11</p> <p>Pasta & meatballs YOGURT PARFAIT Garlic bread Green beans</p>	<p>12</p> <p>Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Gravy Dinner roll</p>	<p>13</p> <p>Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Cheddar cheez-it crackers</p>	<p>14</p> <p>Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes</p>
<p>17</p> <p>VACATION No lunch served</p>	<p>18</p> <p>VACATION No lunch served</p>	<p>19</p> <p>VACATION No lunch served</p>	<p>20</p> <p>VACATION No lunch served</p>	<p>21</p> <p>VACATION No lunch served</p>
<p>24</p> <p>Chicken tenders YOGURT PARFAIT Dinner roll Mashed potatoes Gravy</p>	<p>25</p> <p>Walking taco YOGURT PARFAIT Saucy refried beans</p>	<p>26</p> <p>Mini maple pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Tater tots</p>	<p>27</p> <p>Cheeseburger SUNBUTTER W/STRING CHEESE Spiral fries</p>	<p>28</p> <p>Cheese quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Cheddar cheez-it crackers</p>
<p>31</p> <p>Breaded Chicken sandwich YOGURT PARFAIT Corn</p>	<p>1</p> <p>BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers</p>	<p>2</p> <p>Pasta & meat sauce SUNBUTTER W/STRING CHEESE w/cheesy French bread Green beans</p>	<p>3</p> <p>Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries</p>	<p>4</p> <p>Grilled cheese SUNBUTTER W/STRING CHEESE Tomato soup Potato wedges</p>

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$2.90
 High school lunch \$3.15
 Extra milk \$0.45
 Adult \$4.50



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Sloppy Joe Sandwich Chicken Empanada Cheeseburger Peas Salsa cup Baked potato chips</p>	<p>4</p> <p>Popcorn chicken Yogurt parfait Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat</p>	<p>5</p> <p>Ash Wednesday Macaroni & cheese w/breadstick Fish sandwich Steamed carrots</p>	<p>6</p> <p>Turkey haystack Dinner rolls Pepperoni hot sandwich Cheeseburger Mashed potatoes Sunchips</p>	<p>7</p> <p>Waffles Egg & Cheese Omelet Mozzarella dippers Egg salad sandwich Hash brown rounds Marinara sauce</p>
<p>10</p> <p>Hot ham&cheese sandwich BBQ Pork rib sandwich Cheeseburger Corn Chocolate Pudding Snack mix</p>	<p>11</p> <p>Pasta & meatballs Garlic bread Yogurt parfait Cheeseburger Green beans</p>	<p>12</p> <p>Chicken nuggets Ham & Swiss sandwich Dinner rolls Cheeseburger Mashed potatoes Gravy</p>	<p>13</p> <p>Mini corn dogs Cheeseburger Turkey Pretzel sandwich Baked beans Cheddar cheez-it crackers</p>	<p>14</p> <p>Big Daddy's Cheese pizza Fish sandwich Smiley Potatoes</p>
<p>17</p> <p>VACATION No lunch served</p>	<p>18</p> <p>VACATION No lunch served</p>	<p>19</p> <p>VACATION No lunch served</p>	<p>20</p> <p>VACATION No lunch served</p>	<p>21</p> <p>VACATION No lunch served</p>
<p>24</p> <p>Chicken tenders Deli combo sub Cheeseburger Mashed potatoes Gravy Dinner rolls</p>	<p>25</p> <p>Walking taco Yogurt parfait Cheeseburger Saucy refried beans Salsa cup</p>	<p>26</p> <p>Mini maple pancakes w/Breakfast sausage Cheesy mini bagels Cheeseburger Tater tots</p>	<p>27</p> <p>Burger Bar Buffalo chicken mac&cheese Spiral fries</p>	<p>28</p> <p>Cheese quesadilla Fish sandwich Saucy refried beans Cheddar cheez-it crackers Salsa cup</p>
<p>31</p> <p>Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn</p>	<p>1</p> <p>BBQ pork sandwich Yogurt parfait Cheeseburger Roasted sweet potatoes</p>	<p>2</p> <p>Pasta & meat sauce w/cheesy French bread Turkey Club Sandwich Cheeseburger Green beans</p>	<p>3</p> <p>Hot dog on a bun BLT wrap Cheeseburger French fries Baked beans Cheddar cheez-it crackers</p>	<p>4</p> <p>Grilled cheese Tuna salad Croissant Fish sandwich Tomato soup Potato wedges</p>

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