St. Mary's Springs Academy

Elementary meal \$2.65 PreSchool meal \$2.40 Extra milk \$0.45 Adult \$4.50

A meal consists of one main entrée, choice of 1/2 cup fruit, two sides of potatoes and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily. Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
		VACATION No lunch served	VACATION No lunch served	VACATION No lunch served
Chicken nuggets YOGURT PARFAIT Mashed potatoes Gravy Dinner roll	French Toast sticks w/Scrambled eggs YOGURT PARFAIT Tater tots	Scalloped potatoes & ham SUNBUTTER W/STRING CHEESE Dinner roll Peas & carrots S'mores bar	Cheeseburger SUNBUTTER W/STRING CHEESE Baked beans Fruit slushie	Deep dish cheese pizza SUNBUTTER W/STRING CHEES Smiley Potatoes
Breaded Chicken sandwich YOGURT PARFAIT Corn	Mini maple pancakes w/Breakfast sausage YOGURT PARFAIT Tater tots	Grilled cheese SUNBUTTER W/STRING CHEESE Tomato soup Potato wedges	Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans French fries	Bosco Sticks SUNBUTTER W/STRING CHEES Roasted broccoli Cheetos Snacks
Mandarin orange chicken YOGURT PARFAIT Savory Brown rice California blend vegetables Rice krispie treat	Chicken tenders YOGURT PARFAIT Dinner roll Mashed potatoes Gravy	Pasta & meat sauce SUNBUTTER W/STRING CHEESE w/cheesy French bread Green beans	Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Snack mix	Chicken quesadilla SUNBUTTER W/STRING CHEES Saucy refried beans Cheddar cheez-it crackers
Sloppy Joe Sandwich YOGURT PARFAIT Corn Frito corn chips	Walking taco YOGURT PARFAIT Saucy refried beans	Turkey haystack SUNBUTTER W/STRING CHEESE Dinner roll Sunchips Mashed potatoes	Cheesy bites SUNBUTTER W/STRING CHEESE Steamed carrots Baked potato chips	BBQ pork sandwich SUNBUTTER W/STRING CHEES Roasted sweet potatoes Goldfish crackers

Menu subject to change without notice St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$2.90 High school lunch \$3.15 Extra milk \$0.45 Adult \$4.50



Daily Garden bar offers vegetables and fruits. Variety of Condiments and Milk offered daily.

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.

## SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
		VACATION No lunch served	VACATION No lunch served	VACATION No lunch served
Chicken nuggets Dinner rolls Cheeseburger Mashed potatoes Gravy	French Toast sticks w/scrambled eggs Cheeseburger Tater tots	Scalloped potatoes & ham Cheeseburger Dinner roll Peas & carrots S'mores bar	Burger Bar Chicken fillet sandwich Onion rings Fruit slushie	Cheese pizza Pepperoni pizza slice Cheeseburger Smiley Potatoes
Breaded Chicken sandwich Spicy chicken sandwich Cheeseburger Corn	Mini maple pancakes w/Breakfast sausage Cheeseburger Tater tots	Grilled cheese Cheeseburger Potato wedges Tomato soup	Hot dog on a bun Cheeseburger French fries Baked beans Cheddar cheez-it crackers	Bosco Sticks Fish sandwich Cheeseburger Roasted broccoli Marinara sauce Cheetos Snacks
Mandarin Orange chicken Egg roll Cheeseburger Savory brown rice California blend vegetables Rice Krispie treat	Chicken tenders Cheeseburger Mashed potatoes Gravy Dinner rolls	Pasta & meat sauce w/cheesy French bread Cheeseburger Green beans	Mini corn dogs Cheeseburger Turkey Pretzel sandwich Baked beans Snack mix	Chicken quesadilla Fish sandwich Cheeseburger Saucy refried beans Cheddar cheez-it cracker Salsa cup
Sloppy Joe Sandwich Chicken Empanada Cheeseburger Corn Salsa cup Frito corn chips	Walking taco Yogurt parfait Cheeseburger Saucy refried beans Salsa cup	Turkey haystack Dinner rolls Pepperoni hot sandwich Cheeseburger Mashed potatoes Sunchips	Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Steamed carrots Baked potato chips	BBQ pork sandwich Fish sandwich Cheeseburger Roasted sweet potatoes

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