

Elementary meal—\$2.65
 Preschool lunch—\$2.40
 Adult \$4.50
 Extra milk \$0.45

A meal consists of one main entrée,
 choice of 1/2 cup fruit, two sides of
 vegetables and 1/2 pint milk.



SMSA ELEMENTARY LUNCH MENU

Daily Garden bar offers variety of vegetables and fruit.

Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
VACATION No lunch served 2	BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Goldfish crackers 3	Mini maple pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Tater tots 4	Mini corn dogs SUNBUTTER W/STRING CHEESE Baked beans Snack mix 5	Cheesy bites SUNBUTTER W/STRING CHEESE Steamed carrots Baked potato chips 6
Pasta & meatballs YOGURT PARFAIT Breadstick Green beans 9	Chicken Alfredo YOGURT PARFAIT Garlic bread California blend vegetables Fruit slushie 10	Turkey haystack SUNBUTTER W/STRING CHEESE Dinner roll Sunchips Mashed potatoes 11	Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat 12	Deep dish cheese pizza SUNBUTTER W/STRING CHEESE Smiley Potatoes 13
French Toast sticks w/Scrambled eggs YOGURT PARFAIT Tater tots 16	Turkey&cheese sub YOGURT PARFAIT Peas & carrots Grandma's mini cookies 17	Teriyaki chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat 18	Chicken quesadilla SUNBUTTER W/STRING CHEESE Saucy refried beans Cheddar cheez-it crackers 19	Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Gravy Dinner roll 20
Hot ham&cheese sandwich YOGURT PARFAIT Steamed carrots Snack mix Chocolate Pudding 23	Walking taco YOGURT PARFAIT Saucy refried beans 24	Popcorn chicken SUNBUTTER W/STRING CHEESE Dinner roll Mashed potatoes Gravy Corn 25	Cheeseburger SUNBUTTER W/STRING CHEESE Smiley Potatoes 26	Bosco Sticks SUNBUTTER W/STRING CHEESE Roasted broccoli Cheetos Snacks 27
Turkey Ham & Cheese lunch kit YOGURT PARFAIT Dragon Punch Juice 30	Breaded Chicken sandwich YOGURT PARFAIT Corn 1	Mini maple pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Tater tots 2	No School No lunch served 3	No School No lunch served 4

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider

Middle school lunch \$2.90
 High school lunch \$3.15
 Extra milk \$0.45
 Adult \$4.50



Daily Garden bar offers vegetables and fruits.
 Variety of condiments and milk offered daily.

SMSA MIDDLE/HIGH LUNCH MENU

A meal consists of one main entrée, choice of fruit, vegetables and 1/2 pint milk.

Main Entrée's offered are listed first

Monday	Tuesday	Wednesday	Thursday	Friday
VACATION No lunch served 2	BBQ pork sandwich Yogurt parfait Cheeseburger Roasted sweet potatoes 3	Mini maple pancakes w/Breakfast sausage Three cheese Calzone Cheeseburger Tater tots Marinara sauce 4	Mini corn dogs BBQ chicken flatbread Cheeseburger Baked beans Snack mix 5	Cheesy bites Mozzarella dippers Cheeseburger Marinara sauce Steamed carrots Baked potato chips 6
Pasta & meatballs w/Garlic breadstick Italian combo sub Cheeseburger Green beans 9	Chicken Alfredo Yogurt parfait Garlic bread Cheeseburger California blend vegetables Fruit slushie 10	Turkey haystack Dinner rolls Ranch deli wrap Cheeseburger Mashed potatoes Sunchips 11	Chicken tenders BLT wrap Cheeseburger Stir fried vegetables Savory Brown rice Rice Krispie treat 12	Cheese pizza Pepperoni pizza slice Tuna salad Croissant Cheeseburger Smiley Potatoes 13
French Toast sticks w/scrambled eggs Chicken fillet sandwich Cheeseburger Tater tots 16	Totchos Supreme Dinner rolls Yogurt parfait Cheeseburger Peas & carrots 17	Teriyaki chicken Chicken Empanada Salsa cup Cheeseburger Savory brown rice Stir fried vegetables Rice Krispie treat 18	Chicken quesadilla BBQ chicken flatbread Cheeseburger Saucy refried beans Cheddar cheez-it crackers Salsa cup 19	Chicken nuggets Dinner rolls Egg salad croissant Cheeseburger Mashed potatoes Gravy 20
Hot ham&cheese sandwich Pepperoni hot sandwich Cheeseburger Steamed carrots Chocolate Pudding Snack mix 23	Walking taco Yogurt parfait Cheeseburger Saucy refried beans Salsa cup 24	Popcorn chicken Popcorn chicken bowl Dinner rolls Cheeseburger Mashed potatoes Gravy Corn 25	Burger Bar Buffalo chicken mac&cheese Onion rings 26	Bosco Sticks Fish sandwich Cheeseburger Marinara sauce Roasted broccoli Cheetos Snacks 27
General Tso chicken Egg roll Cheeseburger Savory brown rice California blend vegetables Rice Krispie treat 30	Breaded Chicken sandwich Hot & Spicy breaded Chicken patty sandwich Cheeseburger Yogurt parfait Corn 1	Mini maple pancakes w/Breakfast sausage Three cheese Calzone Cheeseburger Tater tots Marinara sauce 2	No School No lunch served 3	No School No lunch served 4

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