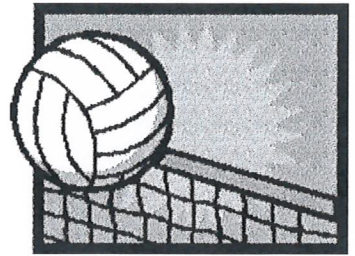




Fond du Lac School District
Recreation Department
85 Morningside Dr.
Fond du Lac, WI 54935
Phone: 929-2885
www.fdlrecdept.com



TO: Principals and Athletic Coordinators

FROM: Kent Ellingson - Recreation Supervisor

SUBJECT: 2022 Coed 4th & 5th Grade Volleyball Program

This program is for all fourth and fifth grade students. Each school may have as many teams as needed. A player from a lower grade may play on a team in a higher grade, but they may not play on more than one team or in more than one league. **All Rosters are due to the Rec. Dept. by Wednesday, September 14th at 3:00 p.m.**

Dates/Times

Games will be played on Mondays and Wednesdays, starting *September 21 through October 19*. Game times will be scheduled for *4:15, 5:00 and 5:45pm*.

Team Fee

Enclosed are the registration forms for students to sign up. There will be a fee of \$50.00 per team (\$60.00 for out of district teams). It is the school's responsibility to pay this fee. Your school should pay the fee prior to October 3rd, 2022. The Department will provide the organization, staffing, and game equipment.

Coaches Meeting

Each team is required to have an adult coach. It is the school's Athletic Coordinator's responsibility to find volunteer coaches. Reminder – All volunteers must complete a volunteer background form and coach's Concussion and Head Injury & Sudden Cardiac Arrest form for the 2022-2023 school year. A meeting for all coaches will be Monday, September 19 at 6:00 p.m. in the Recreation Department classroom – door #3. At that time, we will go over all the rules, discuss sportsmanship, and hand out schedules.

Special Notes

Please send a list of all special school events/dates when your school will not be able to play (i.e., school concerts, etc.) between September 21 and October 19, 2022, so we can omit, if possible, those dates from your schedule. If we do not receive these dates, your team will have to follow the schedule or forfeit the game.

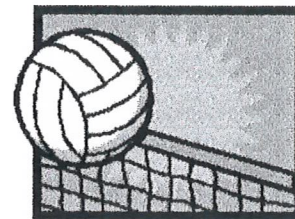
District Policy - WI Stat. 118.293 & 118.2935 requires players, coaches, and parents read & sign the Concussion & Head Injury and Sudden Cardiac Arrest Information forms. The forms should be return to the school office or the Athletic Coordinator. The Concussion and Head Injury & Sudden Cardiac Arrest forms must be signed once per school year.

Thank you for your help. If you have any questions, please feel free to contact the Recreation Department at 929-2885. Please distribute to your 4th & 5th grade students as soon as possible.



4th & 5th GRADE COED VOLLEYBALL 2021

To: All 4th & 5th Grade Parents:



The Recreation Department, along with your child's school, will provide a Coed Volleyball Program this Fall. This program is open to all students in the 4th & 5th grades and is a recreational type of program with the emphasis on fun and learning.

Games will be played on Mondays and Wednesdays at 4:15, 5:00, or 5:45 p.m. from September 21 - October 19, 2022. There will be separate divisions for each grade.

Each team is required to have at least one adult volunteer coach. If you are interested in helping, please contact the principal or athletic coordinator at your child's school. The teams are formed at the schools. There will be a **coaches meeting scheduled for Monday, September 19 @ 6:00 p.m.** at the Recreation Department classroom. Please enter through door #3.

Please check with the athletic coordinator or your coach to see if there is a minimal fee to students for this program.

If your child is interested in participating in this program, please fill out the bottom portion, read & sign the Concussion and Head Injury & Sudden Cardia Arrest form, and return to your child's school office or the athletic coordinator, **NOT** the Recreation Department, before Tuesday, September 13, 2022. Please include an emergency phone number where you can be reached at the time of games or practices.

NOTE TO PARENTS: *The Recreation Department does not provide accident or hospital insurance for people participating in department sponsored activities. All parents & players must read and sign the Concussion and Head Injury & Sudden Cardiac Arrest forms before participating.*

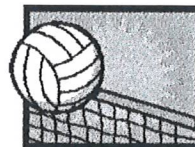
-----CUT HERE AND RETURN TO YOUR SCHOOL'S ATHLETIC COORDINATOR BY TUESDAY, SEPT. 13th-----

4th & 5th Grade Coed Volleyball 2022

Parents: Coaches for these teams are parent volunteers. **Without your assistance**, the opportunity for your child to participate may be limited. Please consider helping. All coaches will need to fill out a background check form, Concussion and Head Injury & Sudden Cardiac Arrest form, and return them to your school's office.

☐ I can assist by being a **head coach** and will find others to assist me as needed

☐ I can assist by being part of a **coaching group** (two or more adults sharing responsibility)



My child, _____, has my permission to participate in the Recreation Department 4th & 5th Grade After School Coed Volleyball Program.

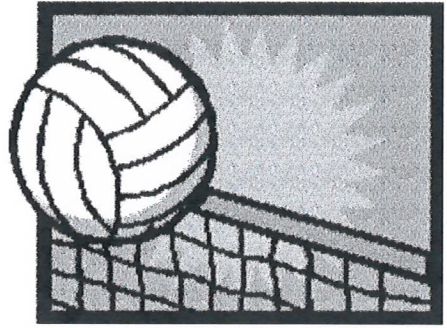
Parent's Name: _____ Email: _____ Phone: _____

NOTE: I have read, signed, and returned the Concussion and Head Injury & Sudden Cardiac Arrest forms to my child's school. ☐ Yes ☐ No

Parent's Signature: _____ Date: _____

September 2022

To: 4th & 5th Grade Volleyball Coaches / Teams
From: FDL Recreation Department
Subject: Team T-Shirts



Any teams interested in purchasing team t-shirts, can hopefully get theirs by the first game. Each t-shirt will have your school's name and a volleyball related design on the front.

Cost: \$8.00 each = Light or dark colored t-shirts
\$2.00 more for XXL t-shirts

Light Colored Shirts are: White, Pink, Ash, Light Blue, Sport Grey, and Yellow

Dark Colored Shirts are: Black, Maroon, Jade, Forest Green, Orange, Kelly Green, Navy, Purple, Red, and Royal Blue

Shirt orders **MUST** be into the Recreation Department by **3:00pm Tuesday, September 20th, NO EXCEPTIONS.** Because of the short season, **NO** second order will be placed.

The ordering of t-shirts and collecting of monies from players is the responsibility of the coach.

Teams do not have to order t-shirts.

*Complete and bring this form with payment to the Recreation Department
85 Morningside Drive
Fond du Lac, WI 54935*

Payment in full will be due at the Recreation Department prior to receiving shirts.

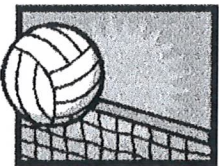
2022 • 4 & 5 Grade Volleyball T-Shirt Order

(Order forms are for entire team t-shirt orders not individual t-shirt orders)

School: _____ Grade: _____ Phone: _____

Team Name: _____ Coach: _____

Coaches E-mail: _____ Shirt Color: _____



Shirt Sizes: _____ 10-12 (Youth Medium) _____ 14-16 (Youth Large)

_____ Adult S _____ Adult M _____ Adult L _____ Adult XL _____ Adult XXL

• FOR OFFICE USE ONLY •

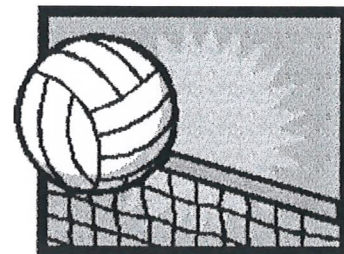
Number of Shirts Ordered: _____ @ Shirt Cost: _____ + extra charge (if applicable) _____

Total Amount Due: _____

Total Amount Paid: _____



Recreation Department
Fond du Lac School District
85 Morningside Drive
Fond du Lac, Wisconsin 54935
Phone: 929-2885



2022 TEAM ROSTER
AFTER SCHOOL COED VOLLEYBALL

4th Grade League _____ 5th Grade League _____

Team Name _____ School _____

<u>NAME</u>	<u>PHONE</u>	<u>EMAIL</u>	Signed Concussion & SCA form on file
1. _____	_____	_____	<input type="checkbox"/>
2. _____	_____	_____	<input type="checkbox"/>
3. _____	_____	_____	<input type="checkbox"/>
4. _____	_____	_____	<input type="checkbox"/>
5. _____	_____	_____	<input type="checkbox"/>
6. _____	_____	_____	<input type="checkbox"/>
7. _____	_____	_____	<input type="checkbox"/>
8. _____	_____	_____	<input type="checkbox"/>
9. _____	_____	_____	<input type="checkbox"/>
10. _____	_____	_____	<input type="checkbox"/>
11. _____	_____	_____	<input type="checkbox"/>
12. _____	_____	_____	<input type="checkbox"/>

Required Information

TEAM COACH _____

PHONE NUMBERS _____

Cell

Work

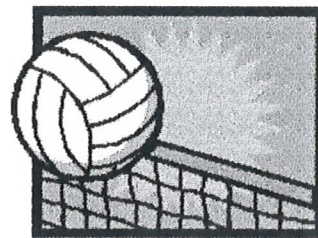
E-MAIL ADDRESS: _____

PRINCIPAL'S SIGNATURE _____

Schools should keep the registration forms at their schools, the Recreation Department only requires this roster.



Recreation Department
929-2885
www.fdlrecdept.com



4th & 5th Grade Coed Volleyball Rules 2022

1. Courts: The playing courts will be in elementary school gyms. In some cases, double courts will be used. The Recreation Department will provide volleyballs; schools will provide the nets. Nets will be set up and taken down by the custodians.
2. Number of Players: Teams will consist of 6 players on the court at a time. Teams must have at least four people to play. No officials will be provided. Coaches or parent volunteers will officiate and score games.
3. Substitution: All players will rotate in and out during each game.
4. Toss: Winner of the coin toss will serve the first game. The team that loses the first game will serve the second game, and the team that loses the second game will serve the third. Teams will switch sides after each game.
5. Scoring/Length/Timeouts: Teams will play three games. NO standings will be kept.

A game will be rallied to 21 points, first team to 21 will be determined the winner. A point is awarded on each serve. After a person serves 5 consecutive points, the serving team will rotate but will maintain possession of the ball.
6. Game Times: Games will be scheduled at 4:15, 5:00 and 5:45 p.m. Teams will be given a 10-minute grace period for the first match. After this time, the team will be allowed to play only 2 games. Please have your team there and ready to play at the scheduled time.

BASIC RULES:

- * Any ball touching a boundary line is IN bounds.
- * Players can step over the end line with one foot on the serve. The server must wait for the coach to announce the score and blow the whistle.
- * If, on the serve, the ball touches the ceiling or an object in play, it is a side-out.
- * Let serves are legal. If the ball touches the net and goes over, it is good.
- * A player may not touch the net or touch the floor across the centerline.
- * A team cannot play the ball more than (3) times before it crosses the net.
- * A ball hit by your team that hits any part of a basket, backboard, ceiling, or any overhang obstruction in bounds on your side of the net is still in play.
- * If the ball hits the ceiling, then crosses the net, or hits any overhang obstruction out of bounds, it is a dead ball, side-out.