



Saint Mary's Springs Ledgers 2022 Girls Volleyball Camp

Camp Director: Michelle Born, Head Coach

Email: mborn@smsacademy.org

DATES: Monday, July 18 – Wednesday, July 20
Grades 5, 6 and 7 9:45am – 11:15am
Grades 8 and 9 8:00am – 9:30am
** Grades are for the next school year, 2022 – 2023**

PHILOSOPHY: The SMSA volleyball camp is led by High School Head Coach, Michelle Born. The camp is designed to both introduce and develop the skills essential to the game of volleyball, in tune with the philosophies of the SMSA volleyball program. Athletes can expect instruction along with lots of repetition and feedback in a positive, uplifting learning environment. Current and former Ledger players will also demonstrate skills and help coach athletes.

CAMP GOAL: Our goal is to provide quality instruction of the fundamentals of volleyball for grade school, middle school, and high school players. The emphasis of our camp will be to help the players improve their skills for the next year and future seasons by paying forward our love and appreciation for the game of volleyball.

CAMP FEATURES: Introducing and developing the following skills: Passing, setting, serving, hitting and blocking. Each camper will receive a t-shirt. We will hold contests and awards on the last day of camp.

REGISTRATION: Be sure to register early. Registration deadline is **Friday, July 1st, 2022**

CAMP COST: \$ 50.00

----- Cut and send bottom portion -----

NAME _____ GRADE FOR '22-'23 SCHOOL YEAR _____

ADDRESS _____ CITY _____ ZIP _____

HOME PHONE _____ EMAIL ADDRESS _____

T-SHIRT SIZE (circle one): Youth Sizes: M L Adult Sizes: S M L XL XXL

Checks may be made payable to: **SMSA Camps**

Send registration to: Kelly Mueller
255 County Road K
Fond du Lac, WI 54937

PARENT'S STATEMENT: In case of an accident or emergency, I hereby authorize the camp directors to act according to their best judgment in a medical emergency. I accept full responsibility for liability and the cost of treatment.

PARENT SIGNATURE _____ DATE _____