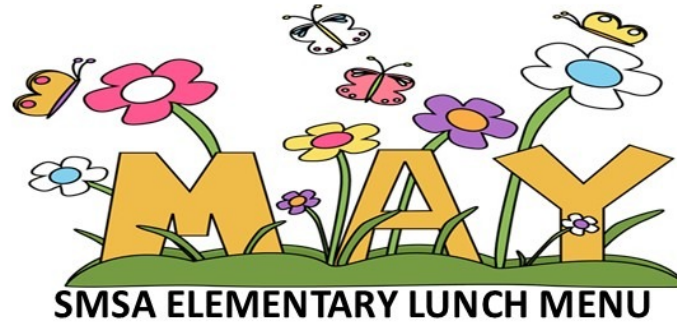


Elementary meal—free

Extra milk \$0.40

Adult \$3.75

A meal consists of one main entrée,
choice of 1/2 cup fruit, two sides of
vegetables and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily.

Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Dinner roll	4 Pizza slice SUNBUTTER W/STRING CHEESE Smiley Potatoes	5 Walking taco SUNBUTTER W/STRING CHEESE Saucy refried beans	6 Peppy pizza bake YOGURT PARFAIT Garlic bread Steamed carrots JonnyPop	7 BBQ pork sandwich YOGURT PARFAIT Roasted sweet potatoes Cheetos Snacks
10 Breaded Chicken sandwich SUNBUTTER W/STRING CHEESE Potato wedges	11 French Toast sticks w/Breakfast sausage SUNBUTTER W/STRING CHEESE Hash browns	12 Chicken tenders SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	13 Chicken Alfredo YOGURT PARFAIT Garlic bread Peas & carrots JonnyPop	14 Salisbury steak w/Breadstick YOGURT PARFAIT Mashed potatoes Cheddar cheez-it crackers
17 Hot dog on a bun SUNBUTTER W/STRING CHEESE Baked beans Tater tots	18 Turkey Ham & Cheese lunch kit SUNBUTTER W/STRING CHEESE Wango Mango juice box Rice krispie treat	19 Hamburger on a bun, SMSA EM SUNBUTTER W/STRING CHEESE Smiley Potatoes	20 Pancakes w/Breakfast sausage YOGURT PARFAIT Hash browns	21 Early Release No lunch served
24	25	26	27	28
31				

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider