

Middle school lunch-free
 High school lunch-free
 Extra milk \$0.40
 Adult \$3.75



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
1 Waffles w/Cheesy Egg Omelet BBQ chicken flatbread Cheeseburger Hash brown rounds	2 Breaded Chicken sandwich Yogurt parfait Cheeseburger Potato wedges Corn & Black bean fiesta	3 Pasta & meatballs w/Garlic French Bread Ham & Swiss sandwich Cheeseburger Peas & carrots	4 Turkey haystack w/Dinner roll Turkey Pretzel sandwich Cheeseburger Mashed potatoes Green beans Sunchips	5 BBQ pork sandwich Fish sandwich Cheeseburger Roasted sweet potatoes Cheetos Snacks
8 Chicken nuggets w/Dinner roll Sausage waffle sandwich Cheeseburger Mashed potatoes Snack mix	9 Mini corn dogs Yogurt parfait Cheeseburger Seasoned French fries	10 Teriyaki chicken Buffalo Chicken Croissant Cheeseburger Savory brown rice Stir fried vegetables Rice Krispie treat	11 Southwest Chicken Bake w/breadstick Hot Italian sub sandwich Cheeseburger Corn Chocolate Elf crackers	12 Bosco Sticks Fish sandwich Cheeseburger Baked beans Marinara sauce Sunchips Fruit slushie
15 Popcorn chicken Deli combo sub Cheeseburger Savory brown rice Stir fried vegetables Rice Krispie treat	16 French Toast sticks w/scrambled eggs Yogurt parfait Cheeseburger Hash brown rounds	17 Macaroni & cheese w/breadstick Egg salad croissant Fish sandwich Baked beans	18 Chicken Alfredo w/garlic bread Breakfast sausage pizza Cheeseburger Green beans Chocolate chip cookie	19 Cheesy bites Calzone Fish sandwich Marinara sauce Peas & carrots Snack mix
22 Pancakes w/Breakfast sausage Chicken Salad Croissant Cheeseburger Hashbrown stars	23 Breaded Chicken sandwich Yogurt parfait Cheeseburger Potato wedges Steamed carrots	24 Walking taco Deli combo sub Cheeseburger Saucy refried beans	25 Chili BBQ chicken flatbread Cheeseburger Cornbread Corn Snack mix Crackers	26 Grilled cheese Fish sandwich Tuna salad Croissant Seasoned French fries

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider