

Middle school lunch-free
 High school lunch-free
 Extra milk \$0.40
 Adult \$3.75



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
				1 VACATION No lunch served
4 Chicken nuggets Dinner roll Grilled cheese Cheeseburger Mashed potatoes Snack mix	5 Mini corn dogs Thai Sweet Chili Chicken Bowl Cheeseburger Seasoned French fries	6 Teriyaki chicken Buffalo Chicken Croissant Cheeseburger Savory Brown rice Stir fried vegetables Rice krispie treat	7 Southwest Chicken Bake w/Breadstick Hot Italian sub sandwich Cheeseburger Corn Chocolate Elf crackers	8 Bosco Sticks Fish sandwich Cheeseburger Baked beans Marinara sauce Sunchips
11 High school exams Popcorn chicken Deli combo sub Cheeseburger Savory Brown rice Stir fried vegetables Rice krispie treat	12 High school exams Waffles w/Cheesy Egg Omelet Yogurt parfait Cheeseburger Hash browns	13 High school exams Spaghetti & meat sauce w/Garlic French Bread Ham & Swiss sandwich Cheeseburger Peas & carrots	14 High school exams Turkey haystack Dinner roll Taco pizza wedges Cheeseburger Roasted sweet potatoes Cheetos Snacks	15 NO SCHOOL
18 Pancakes w/Breakfast sausage Cheeseburger Chicken Salad Croissant Hash browns	19 Chicken quesadilla Lasagna rollup Yogurt parfait Cheeseburger Corn & Black bean fiesta Cheddar cheez-it crackers	20 Walking taco Turkey Pretzel sandwich Cheeseburger Saucy refried beans	21 Cheesy hash browns&ham w/Garlic bread Egg roll Cheeseburger California blend vegetables Chocolate pudding cup	22 Cheese pizza Fish sandwich Cheeseburger Smiley Potatoes
25 Chicken nuggets Dinner roll Grilled cheese Cheeseburger Mashed potatoes Snack mix	26 Mini corn dogs Yogurt parfait Cheeseburger Seasoned French fries	27 Teriyaki chicken Buffalo Chicken Croissant Cheeseburger Savory Brown rice Stir fried vegetables Rice krispie treat	28 Southwest Chicken Bake w/Breadstick Hot Italian sub sandwich Cheeseburger Corn Chocolate Elf crackers	29 Bosco Sticks Fish sandwich Cheeseburger Baked beans Marinara sauce Sunchips

Menu subject to change without notice

St. Mary's Springs Academy is an equal opportunity provider