St. Mary's Springs Academy

Elementary meal-free

Extra milk \$0.40

Adult \$3.75

A meal consists of one main entrée, choice of 1/2 cup fruit, two sides of potatoes and 1/2 pint milk.



Daily Garden bar offers vegetables and fruit daily. Variety of Condiments and Milk offered daily.

ALTERNATE MAIN ENTRÉE OFFERED IS CAPITALIZED

Monday	Tuesday	Wednesday	Thursday	Friday
				VACATION No lunch served
Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Dinner roll	Mini corn dogs SUNBUTTER W/STRING CHEESE Seasoned French fries	Teriyaki chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	Southwest Chicken Bake w/Breadstick YOGURT PARFAIT Roasted broccoli Chocolate Elf crackers	Mozzarella sticks YOGURT PARFAIT Baked beans
Popcorn chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	Waffles w/Cheesy Egg Omelet SUNBUTTER W/STRING CHEESE Hash browns	Spaghetti & meat sauce w/Garlic French Bread SUNBUTTER W/STRING CHEESE Peas & carrots	Turkey haystack YOGURT PARFAIT Green beans Dinner roll Mashed potatoes Cheetos Snacks	NO SCHOOL
Pancakes w/Breakfast sausage SUNBUTTER W/STRING CHEESE Hash browns	Chicken quesadilla SUNBUTTER W/STRING CHEESE Corn & Black bean fiesta Cheddar cheez-it crackers	Walking taco SUNBUTTER W/STRING CHEESE Saucy refried beans	Cheesy hashbrowns & ham YOGURT PARFAIT Garlic bread California blend vegetables Chocolate pudding cup	Cheese pizza YOGURT PARFAIT Smiley Potatoes
Chicken nuggets SUNBUTTER W/STRING CHEESE Mashed potatoes Dinner roll	Mini corn dogs SUNBUTTER W/STRING CHEESE Seasoned French fries	Teriyaki chicken SUNBUTTER W/STRING CHEESE Savory Brown rice Stir fried vegetables Rice krispie treat	Southwest Chicken Bake w/Breadstick YOGURT PARFAIT Roasted broccoli Chocolate Elf crackers	Mozzarella sticks YOGURT PARFAIT Baked beans