



Middle School Swim Camp 6th, 7th, and 8th Grade Boys and Girls

Fond du Lac Aquatic Center 100 W. 9th Street

 $\begin{array}{c} Monday-Thursday\\ March~9-12^{th}~and~March~16^{th}-19^{th}\\ & \text{will NOT meet on Wednesday, March}~11 \end{array}$

 $4:15^{p.m.} - 5:30^{p.m.}$

Friday March 20th – Fun Swim Meet 4:30^{p.m.} – 5:55^{p.m.}

\$10 per participant

Join FdL High School Swim Team coach and swimmers for a fun time! Open to all boys and girls of all swim abilities that want to learn a great sport. Campers will learn the four competitive swimming strokes: Freestyle (front crawl), Backstroke, Breaststroke, and Butterfly, in addition to turns and starts from the starting blocks. All swimmers please bring a swimsuit, one piece for girls, towel, goggles, and swim cap if available.

Register on-line at: www.fdlrecdept.com



