

Middle school lunch \$2.65
 High school lunch \$2.90
 Extra milk \$0.40
 Adult \$3.60



Daily Garden bar offers vegetables and fruits.
 Variety of Condiments and Milk offered daily.

A meal consists of one main entrée,
 choice of fruit, vegetables and 1/2
 pint milk.

SMSA 6th-8th/HIGH LUNCH MENU

MAIN ENTRÉES OFFERED ARE LISTED FIRST

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken nuggets w/Dinner roll Calzone Cheeseburger Mashed potatoes Marinara sauce Philly Cheese Steak Soup	3 Spaghetti & meat sauce w/Garlic French Bread Yogurt parfait Cheeseburger Green beans	4 Hot dog on a bun Ham & Swiss sandwich Cheeseburger French fries Baked beans	5 Beef stroganoff w/garlic bread Egg roll Cheeseburger Peas & carrots	6 Early Release No lunch served
9 Walking taco Chicka Boom Sandwich Cheeseburger Saucy refried beans Chicken tortilla soup	10 Ramen noodle bowl Deli combo sub Yogurt parfait Cheeseburger Broccoli Rice Krispie treat	11 Pancakes w/Breakfast sausage BBQ chicken flatbread Cheeseburger Hash brown rounds	12 Peppy pizza bake w/garlic bread Hot Italian sub sandwich Cheeseburger Steamed carrots JonnyPop	13 Grilled cheese Fish sandwich Tuna salad Croissant Tomato soup Green beans Goldfish crackers
16 VACATION No lunch served	17 VACATION No lunch served	18 VACATION No lunch served	19 VACATION No lunch served	20 VACATION No lunch served
23 Pasta & meatballs w/garlic bread Ham & Swiss sandwich Cheeseburger Key West vegetables	24 Cheese pizza Yogurt parfait Cheeseburger Emoji Potatoes Baked beans	25 System Mass Teriyaki chicken Turkey Club Sandwich Cheeseburger Savory brown rice Stir fried vegetables Snack mix	26 Mini corn dogs Sriracha Chicken Flatbread Cheeseburger Seasoned French fries	27 Cheesy bites Shrimp poppers Egg salad croissant Marinara sauce Peas & carrots Snack mix
30 Chicken tenders Deli combo sub Cheeseburger Parmesan pasta Green beans	31 Salisbury steak w/breadstick Yogurt parfait Cheeseburger Mashed potatoes Graham crackers			

INTRODUCING RAMEN NOODLE BOWL TUESDAY MARCH 10TH CHOP STICKS OPTIONAL!



Menu subject to change without notice



St. Mary's Springs is an equal opportunity provider