



# FOND DU LAC RECREATION DEPARTMENT

85 Morningside Drive - Fond du Lac, WI 54935

Telephone: 929-2885

[www.fdlrecdept.com](http://www.fdlrecdept.com)



# Fond du LAX League

Box lacrosse, or indoor lacrosse, is an indoor version of lacrosse. Box lacrosse is played between two teams of four or five players and one goalie each, and is played on an ice rink that has had the ice removed. The playing area is called a box, in contrast to the open playing field of field lacrosse. The object of the game is to use a lacrosse stick to catch, carry, and pass the ball in an effort to score by shooting a solid rubber lacrosse ball into the opponent's goal. Boys can wear hockey equipment, girls must wear eye protection. First week will be a skills clinic. Participants will be divided into teams and participate in skills and games each week.

**Wednesday's July 10, 17, 24, 31, Aug 7 & 8(Thursday)**

5:00 – 6:15pm (Girls Grades 3-5 and 6-8)

6:30 – 7:45pm (Boys Grades 3-5 and 6-8)

**Cost:** Free, registration is required

**Equipment:** Limited sticks and gloves available

**Location:** FDL Blue Line Ice Arena (Rinks B & C)



Fond du Lac School District Recreation Department

***DUE July 3<sup>rd</sup> - Return registration form to the FDL Rec. Dept. or register online at [www.fdlrecdept.com](http://www.fdlrecdept.com)***



## 2019 Fond du LAX League

**OFFICE USE**  
Date: \_\_\_\_\_

**PARTICIPANT INFORMATION:** PLEASE PRINT CLEARLY

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Primary Phone: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ (2018-2019 school year)

Emergency Contact Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

*I give my child, \_\_\_\_\_ my permission to participate in the Fond du LAX League. In absence of both parents (or guardian), I give my permission to render emergency care as well as supportive medical care to my dependent if necessary.*

**As a Reminder:** Parents and Participants must have a signed concussion form on file with the district. The Concussion forms need only be signed once for the 2018-20219 school year.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

