



FOND DU LAC RECREATION DEPARTMENT

85 Morningside Drive - Fond du Lac, WI 54935
929-2885 www.fdlrecdept.com



"Learn the Ropes" Workshop

Cardinal Skippers and past jumpers will teach participants some start-up skips, jumps and turns to get them on their way to a fun new experience! Pre-registration is required. Every participant will get a t-shirt, and should bring a water bottle with them to the clinic. Jump ropes will be available for purchase. For more information, please contact: Coach Ennis - ennisj@fonddulac.k12.wi.us

Saturday, May 4th

9:00^{a.m.} – 12:00^{p.m.} Open to all ages

Check-in begins at 8:30^{a.m.}

Cost: \$20.00 per athlete (by April 26th)
\$25.00 after April 26th

Location: Riverside Gym



Fond du Lac School District Recreation Department

DUE May 3rd - Return registration form and money to the FDL Rec. Dept. or register online at www.fdlrecdept.com



2019 "Learn the Ropes" Workshop

OFFICE USE

Date: _____ \$20/\$25

Cash / Ck # _____

PARTICIPANT INFORMATION: PLEASE PRINT CLEARLY

Name: _____ Address: _____

Email Address: _____ Primary Phone: _____

School: _____ Grade: _____ T-Shirt size: ☐YM ☐YL ☐AS ☐AM ☐AL

Emergency Contact Name: _____ Phone number: _____

I give my child, _____ my permission to attend Learn the Ropes Workshop 2019. In absence of both parents (or guardian), I give my permission to render emergency care as well as supportive medical care to my dependent if necessary.

As a Reminder: Parents and Participants must have a signed concussion form on file with the district. The Concussion forms need only be signed once for the 2018-20219 school year.

Parent/Guardian Signature: _____ Date: _____

