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Weekly System Events Calendar

General News

- **BABY SHOWER FOR MARY - *Baby Donation Drive***
 - **Why:** To help expectant mothers and families in need during Christmas as we celebrate Blessed Mother Mary
 - **When:** Now through December 8th, 2017
 - **Where:** Deposit items in boxes outside the schools offices to help Babies in need in FDL
 - **WHO:** All SMSA students & families working together to help New Beginnings, The Solutions Center, SVdP, FDL Resource Center
 - **PLEASE Send in Clothing, especially NB to 6 months; Bottles; Baby toiletry items; diapers all sizes; Pacifiers; onesies; bassinet sheets; baby towels and wash cloths.**
 - ***Gently used items welcomed**
- **St. Mary's Springs Academy Ledger Hockey Community Youth Games: SMSA vs. Fox Cities**
 - **Tuesday, December 12th at 5:30 p.m.**
 - **Fond du Lac Blue Line Family Ice**
 - Free Admission - 8th Grade and Younger
 - Snacks and Social after the Varsity Game with Poster Signing with the Ledger Players
 - Prizes!
 - T-Shirt Toss sponsored by Edward Jones/Doug Shireman; Team signed Ledger Hockey Jersey; Concession Bucks; SMSA Swag; Team Signed Hockey Stick; Zamboni Ride Giveaways
- **Be sure to watch for the SMSA float in the Fond du Lac Holiday "Parade of Lights" this Saturday beginning at 4:15 pm in downtown Fond du Lac.**
- **Amazon Smile: You Shop. Amazon Gives!**
Shop for everyone on your gift list this holiday at smile.amazon.com/ch/39-1130623 and Amazon donates to St. Mary's Springs Academy. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to SMSA whenever you shop on AmazonSmile. Don't forget to use Scrip for those Amazon purchases too! Double up on the benefits to SMSA!
- SMSA participates in several "collection" fund raising programs. Please continue to collect Box Tops for Education and Milk caps and labels from Kwik Trip Milk (Milk Moola). We have also now joined the "Loaves 4 Learning Program" - clip UPCs from Country Hearth and Village Hearth products. All of these items may be dropped off at the North or South Hall Office or the Scrip Office. Please keep collecting as these small acts really do add up! Rewards are used to purchase supplies needed at SMSA.

- Link to [monthly calendars](#)
- For the **Athletics Calendar** please visit the URL below:
http://www.wisconsinflywayconference.org/g5-bin/client.cgi?G5genie=201&school_id=10

Scrip

Special System Events

SMSA presents “Amateurs”

St. Mary’s Springs Academy High School will perform the drama “Amateurs” by Tom Griffin on Friday, December 1st and Saturday, December 2nd, at 7 p.m., and on Sunday, December 3rd at 1 p.m. at the Performing Arts Center at Horace Mann High School in North Fond du Lac. A modern play, published in 1991, “Amateurs” is styled as a bittersweet comedy mingled with regret, pain, and hope. Reminiscent of period dramas of the 30’s and ‘40s, most of the nine stereotypical characters are cast members of the Timberly Troupers’ musical about undertakers, or the “play within the play”.

Cast and friends gather to celebrate opening night at the home of Dorothy and her peculiar husband Charlie. Hilarious interactions give way to mayhem, and comedy blends with psychological trauma and heartache, as the idiosyncrasies of each of the characters are revealed. Dorothy is the warm and compassionate wife of the quietly odd Charlie. She welcomes Nathan, a lonely, shy teacher and ventriloquist, whose dummy Horace will eventually symbolize something different for each character. They are joined by Wayne, who fancies himself a ladies’ man, Jennifer, who has Hollywood aspirations, Ernie, a misguided funny man, his wife Irene, who is exasperated by his antics, and Mona, Wayne’s former girlfriend. Condescending to review their performances, as a favor to Dorothy, a seemingly pleasant drama critic, Paul, also attends the party. It is after his emergency departure, when the characters accidentally access his unpublished critical review, that they expose their feelings of inadequacy and coping mechanisms.

In the strict sense of the word, an *amateur* is an unpaid participant in a valued activity who is not necessarily unaccomplished. These characters offer memorable insights into human nature and how one survives when harsh realities intrude on one’s hopes and dreams.

Directed by Christa Lewis, tickets for the play are \$10 in advance for adults and \$7 for senior citizens at hometowntickets.com. Tickets are also available at the door for \$12 for adults and students tickets are \$7.

Members of the cast and crew are

Dorothy.....	Emma Hutter
Charlie.....	Andrew Hoepfner
Nathan Monroe.....	Nicholas Ullenberg

Wayne Seabury.....Eric Reid
 Jennifer Collins.....Maya Fidziukiewicz
 Irene Chilmark.....Sophia Guerin
 Ernie Chilmark.....Daniel Peters
 Paul Cortland.....Drew Huck
 Mona Williams..... Meagan Haupt
 Understudy.....Kenna Kain

Student Director/Stage Manager.....Donovan Ahern
 Stage Manager.....Isa Hopper
 Lights.....Colby Brusky
 Sound.....Jacob Freund
 Carson Gilgenbach
 Joshua Brunette

Booth Operator.....Sydney Schaeffer
 Props.....Leah Zimmer
 Elyse Hornung

Costumes.....Theresa Karrmann
 Abby Bowe
 Macy Bowe
 Julianna Loehr

Backstage Help.....Sam Skiff
 Karlis Ozols
 Abby Gehring
 Lillian Wahl
 MaCrea Flood
 Jacob Barr

Hair/Make-up.....Lexi Baudry
 Addy Buechel
 Katie Fabricius
 Veronica Winkler
 Margaret Rose

Ushers.....Alice Schreiner
 Clare Schreiner
 Peyton Hyland

- Note the dates on the Calendar for the upcoming **Christmas Concerts**:
 - **Grades 5 – 8 Band and MS Jazz Band Christmas Concert**, on Tuesday, December 12th from 6:30 pm to 8:00 pm in the Baker Gymnasium;
 - **Grades 5 – 8 Choir Christmas Concert**, on Wednesday, December 13th from 6:30 pm to 8:00 pm in the Baker Gymnasium; (shortened combined concert on the 12th from 1 pm – 2 pm in the Baker Gymnasium);
 - **K – 4th Grade presents “Miracle at Midnight” on Tuesday, December 19th** in the Hutter Gym. Performances at 12:45 pm – 1:45 pm and from 6:30 pm – 7:30 pm.
 - **High School Christmas Concert on Wednesday, December 20th** at Sacred Heart @ 7:00 pm.

Volunteer Information

School Nurse

- A friendly reminder as we have entered the colder temperatures that bring along unexpected illnesses. If a student develops a temperature of **100 degrees or above**, parents will be notified to promptly remove the child from school. Students should be **symptom free for 24 hours** without requiring medication for fever, vomiting, diarrhea, or other symptoms prior to returning to school. It is our goal to keep the school and students healthy through the peak illness season. Please do not hesitate to contact me if you have any questions. Katie Hellmer, RN at 920-322-3206 or khellmer@smacademy.org.

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Elementary News (P3 – Grade 5) & Childcare

- **5th grade shortened combination concert December 12th 1:00 pm - 2:00 pm in Baker Gym.**
- **5th grade Band Concert December 12th 6:30 pm - 8:00 pm in Baker Gym.**
- **5th Grade Choir Concert December 13th 6:30 pm - 8:00 pm in Baker Gym.**
- **Early Childhood Christmas Program is December 19th at 8:15 am - 8:50 am in Baker gym.**
- **K-4th grade Christmas Program is December 19th at 12:45 pm and 6:30 pm in the Hutter gym**
- Recently, Mrs. Johnson's third-grade class came to Mrs. Abler's seventh grade class in the computer lab. Using Mrs. Johnson's writing rubric, Mrs. Abler students were able to assess the writing of the third-graders. Using Lucy Caulkins Writers Workshop rubric, the students are assessed on the Structure, Development, and Language of their personal narrative story. The experience for both 3rd and 7th graders to collaborate together and share ideas is amazing. 7th graders take on the leadership role and 3rd graders learn through constructive feedback. A win-win way for students to come together!!
- Happy Holidays! Be sure to attend **SANTA'S BOOKSHOP** (Scholastic Book Fair) Sunday, December 3rd, 2 pm-4 pm at Ledger Express in the Commons Area. Books make wonderful gifts from St. Nick, under the tree or even as stocking stuffers! Can't make it to the event, you can still shop online from now through December 4. <http://www.scholastic.com/fair>

Message from the Principal

Dear Parents,

The students in grades 3-8 at Saint Mary's Springs Academy have created unique and original Christmas cards. These cards will be for sale after all Masses the weekend of December 2nd and 3rd. The cards will be sold for \$2.00 each. All proceeds from the sale will benefit Levi Schwantes.

Levi Schwantes, son of Karissa and Dan, was born with Hypoplastic Left Heart Syndrome. This means that his left atrium and left ventricle are underdeveloped and blood cannot get pumped to his body correctly. Levi has had 2 of 3 open heart surgeries in his first three months of life to re-route the blood flow. He may need more surgeries during his life. He requires very extensive medication, around the clock care, feeding schedule, and many, many appointments at Children's Hospital.

Despite all his challenges, Levi is incredibly loving and happy. He melts the hearts of everybody he meets with his gigantic smile.

All proceeds from the Christmas Card Sale will benefit Levi and go towards medical bills, living expenses for a one-income household, and a savings account for Levi for his future medical expenses that he will have during his lifetime.

Please click on the link below to sign up to help sell the cards after one of the Masses at the Holy Family Parish sites the weekend of December 2nd and 3rd.

<http://signup.com/go/gBskpdl>

Thank You!

Advent

The season of Advent is a time for us to prepare for Christmas. Throughout this beautiful season, SMSA students will be preparing their inner selves through the experience of:

- **Honoring Mother Mary** using yellow stripes of "kindness hay" to lay in the manger on the second floor;
- **Advent BINGO** using Bible verses as clues to symbols which are displayed on the **Large Advent Bulletin Board in South Hall**;
- **Spiritual Bouquets** filled with prayers & acts of service which kids will do as a way to show they're thinking of Levi & his family this month;
- **Providing a Fond du Lac Warming Shelter Meal Donation lead by teachers and staff on Friday, December 15th and Monday, December 18th.**

God Bless,

Mr. Kelnhofer

Upcoming Events

December 1st is an early release day. Childcare will take up to 30 students that afternoon. Please make plans with them if this service could be useful for your family.

A wonderful way to communicate your needs is by continuing to use the monthly calendar. Thank you for being active in this process during the first quarter of the school year.

NHS students will be in after school care on Tuesdays and Thursdays to help with any homework students may have to complete.

The students in childcare love to be artistic. We are running low on art supplies such as markers, crayons, paints, paper and colored pencils. Any art supply donations would be greatly appreciated! Thank you!

Job Positions/Child Care

- Part Time: St. Mary's Springs Academy is seeking individuals who desire an opportunity to work in a supervisory role with children 4 years old through 8th grade. Applicants must be flexible, willing to work as team members, to collaborate with colleagues, and they must complete the Safe Environment Education training. A part-time (10-15 hrs.) position requires availability from 3:30 p.m.-6 p.m. (Mon.-Fri.) most days. Qualified candidates should send a letter of interest, resume and completed application (<http://www.smsacademy.org/jobs.cfm>) to: SMSA, Attn: Steve Kelnhofer, 255 County Road K, Fond du Lac, WI 54937 or to cwiza@smsacademy.org.

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Middle School News

- **Happy 25th Anniversary Elves R Us!**



Established in 1992, at St Mary's Middle School on Merrill St., Elves R Us was the brainchild of Leo VanAsten, an 8th grade student at the time of the newly formed FACES (Fond du Lac Area Catholic Education System), which since has joined with the high school to make SMSA. Courtney Craig and Trinity Flood are also listed as initial planners. Cheryl Jaeger, Susan Zacherl and Deb Sosinski were the 8th grade team



of teachers that ran the first Elves R Us shop in 1992. An initial \$3,000 investment loan was obtained from National Exchange Bank and Trust to buy the original inventory. The Elves project was an entrepreneurship program that was an initiative in multidisciplinary teaching. Mr. VanAsten's inspiration for "Elves" was a Keeper store that was run at Goodrich High School. In a Keeper store, students worked with senior citizens as their mentors. Thus, Leo and his classmates took this model, changing it to 8th graders mentoring primary students. Mr. Van Asten is now the Executive Director of Rhapsody Arts Center, a non-profit, in Madison.



The Elves shop is available for 3 days. The 8th grade students fill out an application to be part of the event and have an interview prior to getting their jobs. The profit goes to the 8th grade class trip, as well as to buy the inventory for next year. The bulk of the inventory is bought by "shop till you drop" volunteers at post-Christmas, heavily discounted sales, along with some of it being donated by local

businesses and crafty SMSA supporters. Volunteers also assist with the setup, while the students and 8th grade faculty run the store. Before SMSA came together at our current location, primary students would walk from St Joseph's to St. Mary's to shop in Maurer Hall. Thus, the four flights of stairs today is nothing compared to the blocks they would walk dressed in their winter gear. Many of our students have parents that were previous Elves and shoppers when they were in K-8.



Hence, an 8th grade project has turned into a 25 year old tradition! Just another example, of "The Ledger Way."

The 2017 Elves R Us staff wish you a Blessed and Merry Christmas!

- **Grades 5 – 8 Band and MS Jazz Band Christmas Concert**, on Tuesday, December 12th from 6:30 pm to 8:00 pm in the Baker Gymnasium;
- **Grades 5 – 8 Choir Christmas Concert Christmas Concert**, on Wednesday, December 13th from 6:30 pm to 8:00 pm in the Baker Gymnasium.
- Recently, Mrs. Johnson's third-grade class came to Mrs. Abler's seventh grade class in the computer lab. Using Mrs. Johnson's writing rubric, Mrs. Abler students were able to assess the writing of the third-graders. Using Lucy Caulkins Writers Workshop rubric, the students are assessed on the Structure, Development, and Language of their personal narrative story. The experience for both 3rd and 7th graders to collaborate together and share ideas is amazing. 7th graders take on the leadership role and 3rd graders learn through constructive feedback. A win-win way for students to come together!!

- **From Kasey Smith: New Dress Code for Grades 6 – 12!** Our students have expressed to us that they would like to see a warmer uniform option for layering. We have researched with Lands End and could not find anything to our liking (not heavy enough). We contacted Hoppers and will be working with them to launch two new items for the 6-12 student body. These items were shared for viewing purposes and to get feedback from students last week. These items will be available for purchase at Hoppers and eventually at our Scrip office! The two items are both full zip jackets/fleece that were chosen to provide additional warmth as requested by students. One item is a simple black fleece for \$30, the other is more of a jacket that will sell for \$55. These items may be worn with any of the collared SMSA dress code items.

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High School News

- **From Kasey Smith: New Dress Code for Grades 6 – 12!** Our students have expressed to us that they would like to see a warmer uniform option for layering. We have researched with Lands End and could not find anything to our liking (not heavy enough). We contacted Hoppers and will be working with them to launch two new items for the 6-12 student body. These items were shared for viewing purposes and to get feedback from students last week. These items will be available for purchase at Hoppers and eventually at our Scrip office! The two items are both full zip jackets/fleece that were chosen to provide additional warmth as requested by students. One item is a simple black fleece for \$30, the other is more of a jacket that will sell for \$55. These items may be worn with any of the collared SMSA dress code items.
- **High School Christmas Concert is on Wednesday, December 20th** at Sacred Heart @ 7:00 pm.
- The Music Department's Annual Poinsettia Sale is in full swing. If you haven't purchased a ticket yet and don't know a student in the Music Department, stop by and ask Mrs. Amerling! She can help you. Tickets are \$15.00. Once you purchase your ticket, go to Haentze Floral and pick out your beautiful red poinsettia. These plants are gorgeous! Thank you in advance for your support.

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High School Counseling Department

Upcoming Events/News

- **High School Honor Roll is available on the website. [Click Here.](#)**
- The Counseling Office has received information about the Congress-Bundestag Vocational Youth Exchange Program. It's available to graduating seniors to spend a year in Germany living with a host family, participating in a school or training program, and getting hands-on work experience through an internship with a German company. More information is available in the Counseling Office.
- **College Visits**
- Marian University will be hosting campus visits this fall. You will have the opportunity to taste the food, hear from a panel of students, and meet with faculty, coaches, and staff from their area of interest, followed by a full campus tour on Friday, December 1st. Open Houses are 9 am-noon. If interested, please register online at <https://www.marianuniversity.edu/admission-financial-aid/visit/>.
- Upcoming **ACT test dates** are December 9, 2017 and February 10, April 14, June 9 and July 14, 2018. Register at www.act.org. Find the college that's right for you.
- UW-Oshkosh is offering an **ACT Test Prep course** on Saturday mornings, Jan. 6th -Feb. 10th, 2018 from 9 a.m.-Noon. Cost is \$200. You may register and find out more information at <https://oce.uwosh.edu/personal-and-professional-development-programs/youth-programs/act-test-prep-course/> or call (920) 424-1129.

Job Opportunities

- Summit Automotive is seeking students for part time work. They are in need of 2 students to wash cars and do a lot work at their dealership. Most positions are filled by sophomore-senior high school students. The hours are generally M-F 4-8 and Saturdays 8-5. Please contact Chris Olig at 920-979-5472 or colig@summitauto.com if interested.
- Agnesian HealthCare has part time positions available to students. For more information please stop in the Counseling Office. Applications must be filled out online at www.agniesiancareers.com.
- The Girl Scouts of Manitou Council operate two camps: Camp Evelyn in Plymouth, WI and Camp Manitou in Two Rivers, WI. They are seeking to fill seasonal positions of Counselors and Kitchen Aides. Candidates must be female and 18 by summer, 2018. More information in the Counseling Office.

Scholarships

- Ab Nicholas Scholarship Foundation will be offering scholarships to boys and girls who are residents of Wisconsin, public and private high school students, Basketball program

participants in their senior year and planning to attend a University of Wisconsin System school.

- Fond du Lac Area Insurance Association is offering a \$500 scholarship to a senior entering into college for a degree in **business**.
- Marine Credit Union is offering five-\$1,000 scholarships to graduating seniors and his/her parents must be members in good standing of Marine Credit Union.
- The Wisconsin Professional Police Association is offering a scholarship to graduating seniors enrolling in a college or vocational/technical school in a course of study leading to a two-or four-year degree in police science, criminal justice, or a law enforcement-related field-which does not include law school.
- Aurora Health Center in Fond du Lac is offering a \$500 non-renewable scholarship to students who are Fond du Lac County residents enrolled in an accredited medical, nursing or other health-related program.
- Ellington Mutual Insurance Company is offering \$500 scholarships to graduating seniors who are planning to attend college or technical college. Their parents must be policyholders of Ellington Mutual Insurance Company.
- The Elks Most Valuable Student Scholarship is available in the Counseling Office. You do not need to be a member or a dependent of an Elk to qualify. More information in the Counseling Office.
- The P.E.O. Chapter BD Scholarship is available for graduating senior girls who have financial need, who plan on attending college and graduating from a Fond du Lac County high school.
- The Engineers Foundation of Wisconsin has a scholarship available to graduating high school seniors who plan to study engineering at a 4 year accredited program leading to a baccalaureate degree in engineering. More information may be found at <http://www.wspe.org/efwi.shtml>. Or stop in the Counseling Office for more information.
- 40 Days for Life is offering a scholarship for \$4,040 for applicants who have participated in the pro-life movement in any capacity. More information is available in the Counseling Office.

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SMSA Community & Booster Clubs

PPA & ABC

- **The Athletic Booster Club has many bag tags to sell. Pick one up at the Scrip office for \$5. They make great stocking stuffers! See a picture on our website! [Click here.](#)**
- **PPA** - Parents for the Performing Arts includes all parents with students that participate in the performing arts at Springs.

- **NEEDED: two dozen cookies or bars for the High School Christmas Concert** on December 20th. Please sign up here: <http://signup.com/go/cATHPoY>
- Amateurs - SMSA play THIS weekend; get your tickets ahead at www.hometowntickets.com and save.
- ABC - our next Athletic Booster Club meeting will be **Wednesday, December 6th @ 6 p.m. in the high school cafeteria**. Minutes from the November meeting are available on the website. Thanks to everyone who has contributed by working concessions this fall and supporting the Friends of Ledgers campaign!
- **We are still looking help with concessions and ticket sales for our winter sports. Here is the link to sign up <http://signup.com/go/nHBHOWZ>.**
- We continue look for new parents to get involved with booster club planning and contribute at monthly meetings. The majority of our officers have students who are Seniors and Juniors, which means these parents are reaching the end of their service. Please consider attending an upcoming meeting and getting involved.

Parent Connectors

News and Upcoming events

- **LedgerExpress** is on Sunday, December 3rd from 2:00 pm – 4:00 pm in the Commons Area/Baker Gym. Please enter the doors by the North Office.
 - **Pre-registration is required to attend.**
 - **Start your Christmas shopping at LedgerExpress....Santa's Book Shop, SCRIP Office & Booster Closet will all be open for families to purchase wonderful Christmas gifts!**
- **Winter Carnival** - Friday, February 9th - If you are interested in helping with this event, please sign up on signup.com!
- We greatly appreciate all you do each and every day for the students! You are in the spotlight!

SMSA STAFF SPOTLIGHT

PRIMARY

Christa (Rebek) Lewis

- Kindergarten – 4th Grade Music Teacher
- Hometown: Fond du Lac
- Graduated from St. Mary's Springs Academy (1995), Ripon College with Bachelor Degree in Music & Theater (1999), and Masters in Music Curriculum & Instruction from National Louis University (2010)

Anna Marie Kraus

- Kindergarten Teacher
- Hometown: Janesville
- Graduated from Craig High School & Marian University

ELEMENTARY/MIDDLE SCHOOL

Samantha Fictum

- 4th - 8th Grade Guidance Counselor
- Hometown: Manitowoc
- Graduated from Roncalli High School, UW-River Falls (undergrad studies) & Lakeland University (graduate program)

Mary Sippel

- 5th Grade Teacher
- Hometown: Alpena, Michigan
- Graduated from Alpena High School, Marian University & Masters from National Louis University

MIDDLE/HIGH SCHOOL

Bobbijo Amerling

- Administrative Assistant Grades 6th – 12th
- Hometown: Appleton
- Graduated from Appleton West High School and UW-Milwaukee

HIGH SCHOOL

Matt Knepfel

- History Teacher
- Hometown: Amherst, Wisconsin
- Graduated UW-Oshkosh

OTHER SMSA STAFF MEMBERS

Blaine Hechimovich

- Campus Ministry Director
- Hometown: Horicon
- Graduated from Horicon High School & UW-Platteville

Katie Hellmer, RN

- School Nurse
- Hometown: Brownsville
- Graduated from Lomira High School, UW–Milwaukee (Bachelors in Therapeutic Recreation) and MPTC (Associate in Nursing)

Ledgers Booster Closet

Happy Holidays, Ledger Fans! The SMSA Booster Closet is open for your holiday shopping needs. Come on in and see what you can find for your number one Ledger Fan! Dress them up in Ledger blue for the upcoming seasons!

December 3rd, LedgerExpress, (2:00pm - 4:00pm), Open 1:00pm-4:00pm

December 5th, Boys Basketball, 6:00pm - 8:00pm

December 11th, Boys Basketball, 6:00pm - 8:00pm

December 12th, Girls Basketball, 6:00pm - 8:00pm; Also Band Christmas Concert

December 13th, MS Christmas Concert, 5:30pm - 8:00pm

December 14th, Boys Basketball, 6:00pm - 8:00pm

December 19th, Elementary Christmas Concert, 6:00pm - 8:00pm

December 21st, Girls Basketball, 6:00pm - 8:00pm

December 22nd, Boys Basketball, 6:00pm - 8:00pm

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Parish News and Updates

- **December 1st - First Reconciliation Night**
 - Holy Family - 271 Fourth Street Way
 - (6:00pm-8:00pm)
 - *Prayer service will begin at 6:00 pm; station rotations will follow.
 - Contact Amanda Cords at accords@hffdl.org for more information
- **Holy Family Confirmation (11th Graders):**
 - December 1st- 3rd
 - Holy Family **FINAL** Confirmation Retreats
 - Green Lake Conference Center (Depart from and Return to Sacred Heart Church)
 - Depart 6 PM Friday, Dismissal after 11 AM Mass Sunday

➤ PLEASE EMAIL AMANDA POHLE AT apohle@hffd.org for more information.

- **December 7 - Holy Family Cor Jesu**

- St. Mary's Site
- 6:40 pm Rosary, 7:00 pm Adoration and Reconciliation, 8:00 pm Mass

- **Holy Family Middle School Compassion in Action Club**

- DONUT DECORATING!
 - **When:** December 7th
 - **Time:** 6:00PM-7:00PM
 - **Where:** Sacred Heart Victory Center
- Bring some friends and join us to decorate your own sweet treat!**

Holy Family Mission Trips 2018

High School

Middle School

July 6th-15th

July 20th-23rd

Hartford, CT

New Paris, Ohio

Or Charleston, SC

Cost: \$550

Cost: \$350

FIRST MEETING:

NOVEMBER 30TH HOLY FAMILY PARISH HALL

6-7 PM MIDDLE SCHOOL

7-8 PM HIGH SCHOOL

IF YOU ARE INTERESTED PLEASE EMAIL AMANDA POHLE AT

apohle@hffd.org

*There is a \$90 deposit fee for High Schoolers and a \$50 deposit fee for Middle Schoolers.

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Fond du Lac Community Events

Life Guard Training Class

Dates and Times: Wednesday - Saturday - December 27 – 30, 2017
7:00 am – 4:00 pm

Where: FDL Community Aquatic Center – 100 W. 9th St.

Cost \$125.00 – FDL School District Residents \$150.00 – Non-Residents

Instructor Dave LaBorde

Being a lifeguard is more than just getting a good tan, getting paid, and having fun. Realistically, as a professional rescuer you are responsible for the safety of the patrons that come to your pool. During this class, not only will there be a great emphasis on water rescue skills, but also on other “behind the scene” skills that are essential to effective lifeguarding.

It is very important that you attend all classes and be on time. We will emphasize the most important points during class time, but we cannot cover every detail. Therefore, it is your responsibility to review all materials that are provided or made available on-line. Also make sure that you bring along paper, a pencil or pen, and your swim apparel to all classes, as well as a lunch.

The prerequisites for taking the class include:

1. Swim 300 yards using front crawl and/or breast stroke in a continuous swim with rhythmic breathing and stroke, no touching the bottom of the pool or resting at any time.
2. Tread water for two minutes using only leg motion (hands will be placed under opposite armpits.)
3. Swim 20 yards, go down 7-9 feet, retrieve a brick, maintain two hands on the brick swimming twenty yards to the starting point and get out of the water without using a ladder. Time Limit – 1 minute 40 seconds.

The prerequisites must be completed **prior** to first day of class. Please call the Aquatic Center and make an appointment, 929-3536. Goggles will be allowed during the 300 swim only.

No goggles may be worn during any of the other skill tests.

Perspective candidates must be 15 years of age on or before the final scheduled session of this course. **MUST** be 16 years old to Guard!

Any questions, please call Renee at the Rec. Dept. – 929-2885.

Cardinal Kids Wrestling Program (5K – 2nd gr. students)

- Program runs **Saturday mornings: January 6 – February 17, 2018, 8:30 am – 10:00 am**
- Practices at Riverside Elementary School – Wrestling Room (South Balcony)
- Registration is 30 minutes prior to first practice on January 6th or before any practice
- Open to boys & girls in grades 5K – 2nd grade, younger allowed with coach's approval
- Beginning wrestling program focusing on fun, fitness, & introducing wrestling basics
- Wrestlers are to wear clean shorts or sweat pants, clean t-shirt & bring dry tennis shoes or wrestling shoes. Some may wrestle in socks. No jewelry allowed.
- Wrestlers will be divided into groups based on age, weight, and experience
- Cost of program is **\$20/Family**. Checks payable to FdL Wrestling Club

Junior Cardinals Wrestling Program (3rd – 8th gr. students)

- Beginner and intermediate wrestling focusing on fun, fitness, and wrestling basics.
- Open to boys & girls in grades 3 – 8.
- Program runs from **December 5 – Feb. 20, 2018**
- Registration prior to first practice, Tuesday, December 5 or subsequent practices
- Practices: **Riverside Elementary Wrestling Room – South Balcony: Tuesdays and Thursdays, 6:30 pm – 8:00pm**
- Participants in the Junior Cardinals wrestling program are expected to participate with their Middle School team.
- Wrestlers are to wear clean shorts or sweat pants, clean t-shirt & bring dry tennis shoes or wrestling shoes. Some may wrestle in socks. No jewelry allowed.
- Wrestlers will be divided into groups based on age, weight, and experience.
- Cost of program is **\$20/Family**. Checks made out to FdL Wrestling Club

Contact Coach – Mark Henschel at
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